

Spring
Air

The Pink Moon



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The Pink Moon

Traditionally the Pink Full Moon name corresponded with the early springtime blooms of a certain wildflower native to eastern North America: Phlox subulata—commonly called creeping phlox or moss phlox. It is one of the earliest widespread flowers of the Spring. In late April and early May, the thunderstorms are beginning to subside, and the wind picks up. Seeds are being blown, spreading life all around. Our minds will be filled with creativity and this is a brilliant time to conceive new ideas as fertility is abundant at this time.

The Pink Moon has also been called the Full Sprouting Grass Moon because the new grass begins to be visible. Along the coast, some Indigenous tribes refer to it as the Full Fish Moon because this was the time that the salmon swam upstream to spawn. If April's full moon falls before Easter, it is also known as the Paschal Full Moon or Egg Moon. And, to Colonia Americans, it was the Seed Moon. Both eggs and seeds are ancient symbols of spring, rebirth, and renewal.

The domestication of fowl for laying eggs is believed to have occurred around 1400 B.C.E., but there is archaeological evidence for egg consumption dating back to the Neolithic age. The Romans found egg-laying hens in England, Gaul, and among Germanic villages. In the Spring, when days grow longer the light stimulates the fowl's pituitary gland causing them to lay more eggs; it's part of nature's cycle.

What do you see in nature at this time? From coast to coast of the United States, I've connected with the color pink during spring. I have fond memories of Dogwood, Crape Myrtle, Magnolia, Tulip tree, Ocotillo, Desert Peony, Yucca, and Cherry blossoms this time of year. Use your observations to name this moon for your personal tradition.

Celebration Ideas

This cycle reminds us to notice that Mother Earth is bursting with life.

- Make pink moon milk with rose tea and honey.
- Notice what flowers are blooming in your region. What colors do you see most or first at this time?
- Eat foods made with eggs.
- Color eggs or use the shells for seed starting.
- Grind the shells for protection. Sprinkle outside your home.
- If you can't have a home compost, consider finding a friend or farmer who has chickens and will take some of your trimmings to feed to them.
- Spend as much time outside as possible. The weather is almost perfect in all parts of the Northern Hemisphere.
- Make rose vinegar and use it for cleansing and loving energy. Great window or mirror cleaner for glamour magic.

Sources

Sophia Center for Goddess Study Priestess Training Class handouts by Dr. Candace Kant, Professor of History

Full Moon Feast: Food and the Hunger for Connection by Jessica Prentice

Stepping Into Ourselves: An anthology of Writings on Priestesses by Anne Key & Candace Kant

The Old Farmer's Almanac

...and various other sources collect over 20 years. Some are printed, some are handwritten, while others are scribbled on a napkin. I've had many teachers over the years and many of my biggest inspirations came from simple conversations and gatherings rather than formal lessons or rituals. Because of this, I may not always have every source of information but if you recognize something, I would be happy to include and/or link to the original source.