

*Encyclopedia  
of  
Mineral Magical Properties*



<p><b>Abalone</b></p>	<p>Although a shell, not a stone, Abalone is widely used in jewelry and being a natural substance it does have metaphysical properties. It has long been believed that its many shimmering colours affect all the chakras of the human body, bringing them into balance and alignment. It is especially good for the heart chakra, gently cleansing fear, sorrow and any dull negative energy so that the heart shines with all the colours of the rainbow. Its obvious link with elemental Water means that Abalone is a very powerful cleanser. Meditation with a piece of shell can grant insights as to how you can release old and outgrown beliefs and attitudes so that you can move forwards. The shell grants inspiration and magical creativity and is especially useful when writing your own original spells and rituals. Water</p>
<p><b>Agate</b></p>	<p>Named after the Achates River in Sicily, this is one of the most common of stones. A fine-grained form of Chalcedony, it is found in a wide variety of colours and markings. The banding sometimes takes the form of an eye and this is an especially lucky power stone which brings wealth, plenty and protection from evil. When working magic with Agate try to choose the most appropriate colour for the spell, such as pink for love magic, green for nature spells and blue for healing. Closely linked to the power of elemental Air and potent for weather magic. Has an affinity with apple and its power increases if it is anointed with apple oil or placed in a charm bag with apple seeds. Enhances eloquence and communication skills, gives courage, brings success, opens the mind to new information and helps you to assimilate it quickly. A very protective stone that repels many dangers including demons, lightning and serpents. Worn as a lucky charm by ancient athletes to bring them power during a race and help them recover afterwards ~ Agate is still used today to increase energy and speed recovery. Air</p>
<p><b>Alabaster</b></p>	<p>A soft, white, semi-transparent stone. Used magically to symbolize purity, the whiter the stone the better. Encourages feelings of peace and calmness and can be used to combat stress, heal arguments or calm an angry household. A protective stone, especially for babies, children and anyone innocent at heart. Air</p>
<p><b>Alexandrite</b></p>	<p>Under the influence of the planet Mercury Alexandrite is a powerful healing stone for the body and the mind. Balances the mental, spiritual and physical aspects of your life and helps you become centered and calm. Especially useful when healing disorders of the brain or central nervous system. Mentally it can help overcome lack of confidence, low self-esteem and a lack of direction or focus in life. Meditating with the stone can help you identify your goals and plan how to begin working towards them. Air</p>
<p><b>Amazonite</b></p>	<p>The stone of personal truth and honesty. Helps you to find the courage to speak from the heart and also the wisdom to know when to stay silent. Working with the stone can develop respect for yourself and others and it makes a good gift for angry or intolerant people. Develops creativity and self expression so that you can really be the person that you know yourself to be. Calming to the nerves, relieves stress and helps anyone suffering mood swings, irrational behaviour and emotional problems. Placing the stones on the soles of your feet can help to increase your connection with the Earth and draw in vital energy. Boosts will-power and inner strength. Teaches you how to cope with change and 'go with the flow'. Resting a stone on the 3rd Eye when meditating can help unlock psychic gifts such as clairvoyance, telepathy and empathy. A wonderful gift for Nature ~</p>

	<p>leave a piece at a well, river, or sacred site and you will be rewarded by an increased awareness of nature spirits and animal guides. Water</p>
<p><b>Amber</b></p>	<p>A Solar stone, closely associated with the power of the Sun and masculine energies. For many centuries Amber has been considered one the most potent of magical gems and it is a favoured stone of witches. The Chinese believed that it was formed from drops of Dragon's blood which solidified when they hit the ground. Sacred to the Goddess Freya, whose magic girdle 'Brisingamen' was carved from the stone, it is often used in magic for passion or fertility. The Romans believed that as a talisman Amber protects the body from physical harm and Gladiators would often carry such a charm for protection. Holds within it the power of magical attraction and can be used in charm bags, worn as jewelry and held when meditating or praying to draw good things into your life. Replaces unhappiness and depression with bright, Solar energy and can be used to help you become more comfortable with your masculine side and your natural aggression and anger. Physically it is healing to the chest and throat and oil of Amber is still used today as a rub for such problems. The stone is said to balance the bodies' electrical energy and strengthen the central nervous system. Mentally it helps combat eccentric behaviour, anxiety and indecisiveness. Fire</p>
<p><b>Amblygonite</b></p>	<p>Amblygonite is a very rare gemstone usually found as pale yellow, green or lilac coloured crystals. Because of its extreme rarity and pale colours it is rarely used in jewelry or as an ornamental stone. Sharpens mental focus and increases clarity. Refreshing to the mind, especially after long periods of study when it gives the bearer the stamina to continue working. Encourages eloquent speech and helps you to find the right words for putting your point across effectively. Air</p>
<p><b>Amethyst</b></p>	<p>A purple coloured variety of Quartz, Amethyst forms as mainly clear crystals of all shades from deepest violet to pale lilac and white. Usually classified as a Lunar stone because of its power to influence the mind, dreams and the astral planes. Most famously renowned for keeping its wearer free from drunkenness and excess, the stone can be used magically to keep you clear headed and free from unwelcome influences. Relieves stress related illness and pain such as headache, muscle tension and back or neck ache. A stone of sleep and dreams, Amethyst stimulates the imagination and opens doors onto the astral planes. Helps with meditation and makes a particularly good focus to concentrate on when you are learning this skill. Turns away bad luck, curses and negative energy. Balances logical reasoning and intuition to create a much deeper view of any situation. The sacred stone of the priesthood, Amethyst can be worn by anyone who has spiritual or magical responsibility for others. Increases wisdom and spiritual power and helps make contact with higher guides and inspirational sources of creativity. Often brings unexpected messages in the form of signs and strange coincidences. Air</p>
<p><b>Ametrine</b></p>	<p>Ametrine is formed when Amethyst and Citrine (both of which are types of Quartz) form together in the same stone. Combines mental clarity with strength of will, making it a very powerful stone for any magic user. Can help to break addictions by using the power of Amethyst combined with the clarity of Citrine, helping you to remember why it is so important for you to break this addiction while you are struggling with withdrawal. Air</p>

<p><b>Angelite</b></p>	<p>A pale, blue grey coloured opaque stone. Used magically to create a shield of psychic protection that deflects curses and ill-wishing and rebounds these negative energies on the person who sent them. Creates a connection with Angelic energy for protection and strength and can help you to find and communicate with your own special Guardian Angel. Air</p>
<p><b>Apache Tear Obsidian</b></p>	<p>In American Indian legend this volcanic glass was created when the Apache were driven from their homelands and their tears fell onto the dust of the Earth. Known as the stone of the Shaman, Apache Tear Obsidian is helpful to anyone seeking hidden magical knowledge and the paths of the Web of Wyrd. Meditation with the stone can increase your sensitivity to magical energy and help develop your power to walk between the worlds. Earth</p>
<p><b>Apatite</b></p>	<p>A very complex mineral which is present in our teeth and bones. In its crystalline state Apatite can be thought of as the bones of the Earth. Helps teach us how to safely connect with the vast energy of the Earth and use it for healing and magic. Regular meditation or magical working with Apatite will help to improve your concentration, memory and intuitive knowledge of the Earth and her powers. Strange coincidences often seem to crop up when you are working with this stone and these are a good sign that you are on the right track. Can be used magically for healing, regeneration and to provide the stamina to face a difficult problem or long term illness. Brings stability and common-sense to new projects and helps you keep your feet on the ground. Earth</p>
<p><b>Apophyllite</b></p>	<p>Apophyllite is renowned as one of the few stones powerful enough to clear negative energy out of any other stone, including Quartz. It is used magically to help develop a relationship with your Spirit Guide, or with totem animals and other magical beings that you would like to work with. It is an especially helpful stone when you are working with a Guardian Angel or angelic entities. Meditation with Apophyllite can help your magical learning by enabling you to 'remember' knowledge and skills. Where these come from is not known but some people theorise that it may be skills and information that you learnt in past lives and therefore the stone is often used to help encourage past life recall and ancient knowledge. Air</p>
<p><b>Aquamarine</b></p>	<p>A very pale, translucent form of Beryl, the name Aquamarine simply means 'sea-water' and the stone is closely associated with the cleansing and healing powers of the Water element. Relieves stress and tension and is soothing to both the mind and the nerves. Helpful when feeling overwhelmed by emotions, memories or bad experiences. Brings the self control and courage to stay focused on a problem and gently but persistently wear it away in the same way that over the centuries the sea erodes the coast. Focus your troubles into an Aquamarine and leave it in a dish of water under the waning Moon to see them diminish. Said to protect the bearer from drowning and bring them under the kindly influence of sea deities. Meditation with the stone raises the spiritual level, concentrates power and reveals knowledge of the future so it is a wonderful gem to wear when practicing any form of divination. Promotes inner vision and develops visualization skills and creative imagination. In healing Aquamarine brings emotional release, which is often manifested through cleansing tears. Clears away blocks and negative energies. A very powerful stone for any person trying to better themselves or raise their spiritual awareness. With regular use it helps make the magical mind sharper and more alert. Water</p>

<p><b>Aragonite</b></p>	<p>Often compared to coral because of the way the many hexagonal prisms grow and sometimes called 'Sputniks' because they look like little satellites. A powerful crystal for transmitting energy, Aragonite can be used to amplify prayers or charms and direct the energy of a spell to its target. Encourages the growth of confidence, self-respect and feelings of worth. Meditating with the stone can give insights into your own unique gifts and talents and how best to develop them. Fire</p>
<p><b>Astrophyllite</b></p>	<p>Astrophyllite is a rare titanium mineral found in the Ural Mountains that is usually golden yellow, bronze or brown colored. Its name when translated means 'star sheets' and it is called this partly because of the interwoven star shapes the crystal can form and partly because of its strange luster, which can be metallic in some crystals and similar to pearl in others. Astrophyllite is a powerful stone for developing powers of astral travel and it strengthens the magical senses and memory, thereby increasing the knowledge you are able to bring back from your astral journeys. Enhances intuition and helps you to understand hidden knowledge, especially the deep, universal truths that underlie most myths, fairytales and archetypes. Astrophyllite is an excellent stone to work with if you feel a need to examine your lifestyle or your spiritual path, allowing you to examine these aspects of yourself honestly without becoming emotionally involved. Raises self-esteem and helps you connect with the Divine power of the Goddess or God that exists within you. Meditation with Astrophyllite can help you to recognize new opportunities when they arise in your life and it is especially useful if you need to find new ways of solving problems that you have been struggling with for some time. Fire</p>
<p><b>Aventurine</b></p>	<p>A stone of elemental Earth that can be used for all earthly goals, such as drawing money and prosperity, protection, stability, fertility and independence. Helps you attune to Nature Spirits and makes a wonderful gift to leave in a beautiful place when trying to contact them. Aventurine is reputed to be a favourite stone of the Fair Folk and can be useful when trying to contact them. Encourages optimism, perseverance and the determination to work towards your goals, no matter how distant or impossible they may seem. Holds the healing powers of the green Earth and can be used to draw Earth energy into your body when feeling depressed or listless. Helps you to appreciate your right to happiness, health and wealth and to work towards these goals without blocking your own ambitions through negative thought. Excellent for healing old traumas or emotional wounds which can be projected into the stone then given back to the Earth to be released and broken down into harmless energy. A powerful charm for fertility, whether it be the creation of a baby or of new ideas and projects. Earth</p>
<p><b>Azeztulite</b></p>	<p>Azeztulite has so far only been found in one area of America. Known as the stone of light and clarity it is a powerful psychic and spiritual crystal. Encourages the gift of inner vision and empowers any psychic work, especially Shamanic Journeys and astral travel. Gives protection to anyone who walks between the worlds or has to brave perils in the spirit realms. Aids the integration of the many hidden aspects of the mind and promotes understanding and acceptance of what you find when you journey within yourself. Air</p>
<p><b>Azurite</b></p>	<p>Azurite is a powerful psychic stone which can be used to amplify energy and boost the power available for almost any magical working. Reveals psychic blocks that may be affecting your spiritual progress and gently brings your fears and shadows into the daylight where you can honestly examine them and work towards overcoming them. Helps to release outgrown beliefs and patterns, dissolving fear and transforming it into</p>

understanding. Because Azurite is most usually found in nature growing with Malachite these two stones work well together and will enhance each other's powers. Air

<p><b>Barite</b></p>	<p>Barite is an interesting stone, usually found in shades of yellow, pink and black. It is used to help control the flow of energy and also to preserve energy, which makes it very useful for people who are just beginning a course of psychic exercises. Increases understanding of the natural flow of energy and of Akasha, magical energy. Working with Barite can bring unexpected solutions to problems and insights as to how to clear obstacles from your path. Air</p>
<p><b>Benitoite</b></p>	<p>Benitoite was discovered in San Benito County, California in 1907 and has been established as the state's gem because it is found nowhere else in the world. This beautiful and very rare gem has the crisp colour of blue Sapphire and the light dispersing qualities of Diamond. Even though it is a very modern stone some magical lore has already built up around it. Linked with the powers of elemental Water Benitoite can be used to call upon the deities of the sea and to ensure safe travel and protection when loved ones are far from home. Water</p>
<p><b>Beryl</b></p>	<p>A form of yellow Quartz. Beryl was the original 'scrying stone' or crystal ball. For many centuries it was renowned for its power of inducing magical visions and many magicians still insist it is the best stone there is for crystal gazing. A mirror of polished Beryl is reputed to reveal other people's secrets, no matter how deeply they are hidden. Traditionally believed to make the idle industrious, Beryl can be used magically to boost energies and motivation when tackling an unwelcome challenge or project. Quickens the wit and sharpens intellectual skills. Holding a piece of Beryl while reading or studying will help ensure that the information is understood and remembered. Air</p>
<p><b>Bismuth</b></p>	<p>Although Bismuth is a naturally occurring mineral most specimens of this strange metallic crystal are laboratory grown. The Bismuth is melted and a rod is placed in the molten mineral then very slowly pulled up through it, allowing crystalline structures to form as it cools. Bismuth is a rare element and even good quality laboratory grown crystals are hard to find. Bismuth is an excellent crystal for amplifying energy and seems to be particularly effective when used for healing or colour therapy. Low grade Bismuth crystals tend to show only one colour and can be used to channel that colour for healing or spiritual purposes. High grade crystals display a rainbow of colours and can be used in healing to treat a patient with many different colours working in harmony. Air</p>
<p><b>Black Onyx</b></p>	<p>Some say this stone is in tune with the darker side of magic and sorcery. A very protective stone, it brings good luck to the bearer and guards against spells and curses from your enemies. Black Onyx is also used to increase endurance and bring hope, even in the depths of despair. The unscrupulous could use it to cause nightmares or destroy friendships and partnerships. It is worth remembering however that there is no evil in the stone itself - only in the person who uses it for malicious ends. Earth</p>

<p><b>Bloodstone</b></p>	<p>Also known as 'Ematille' (especially in old grimoires) and 'Heliotrope' (meaning 'turns with the Sun'). Associated with the healing powers of the Sun. A piece of Bloodstone dipped in water channels the power of the Sun God to create a magical potion. Renowned as a healing stone, it was often carried by soldiers who believed it could staunch the flow of blood and stop wounds from becoming infected. Especially effective when used to treat lower back pain or any blood disorders such as anemia, diabetes, high blood pressure and circulation problems. Encourages the flow of energy to the tissues and increases overall health. When used together Bloodstone and the herb Heliotrope are reputed to make the bearer invisible. Brings confidence, courage, and strength of mind and firmness of purpose. Helps you take control of your life and overcome feelings of helplessness. Brings success in games and competitions and is renowned as a lucky stone for gamblers. Sleeping with the stone beneath your pillow will show you the future in your dreams. Teaches you to find emotional balance and the courage to follow your heart. Earth</p>
<p><b>Blue Lace Agate</b></p>	<p>Renowned as the stone of peace and calmness, Blue Lace Agate reduces tension and heals the effects of stress. It is especially soothing to sensitive people who are at risk of being overwhelmed by other people's emotions and energies or to violent people who find it difficult to talk about their anger. A release suppressed femininity and helps you to be comfortable with the female aspect of your nature. Increases the magical power of the voice, granting the wearer a silver tongue and the ability to express their feelings. Placed on the 3rd Eye the stone soothes headaches, especially if you visualize the pain being drawn into the delicate banding on the stone. Placed under the pillow it helps bring a deep and healing sleep and is especially soothing for restless babies and children. Air</p>
<p><b>Brecciated Jasper</b></p>	<p>Brecciated Jasper is a form of Red Jasper which has rock inclusions (usually black or brown) that create patterns across the surface. Like all forms of Jasper it is associated with the power to break a drought. This can be intellectual 'drought' such as writer's block or a fear of failure that is holding you back from being creative. Brecciated Jasper protects from nightmares and strengthens the mind against depression and negative thoughts. It helps to increase self-confidence and independence and wards off mental or psychic domination by others. All red forms of Jasper are powerful stones for women who are working to understand their menstrual cycle or develop their Moon magic. Meditation with Brecciated Jasper can increase your understanding of where you belong in the world and how you fit into your community. It is often used in healing for liver and stomach infections. Earth</p>

<p><b>Calcite</b></p>	<p>Clear Calcite is also known as 'Iceland Spar'. Opens doors, creates unexpected opportunities and can shed light on a problem even when everything seems hopeless. It is very powerful in magic to gain any of the good things in life such as love, success, wealth, friendship or security. Gold Calcite cures depression, helps to lessen grief and releases old emotions that may be harming your progress. Green Calcite is a powerful healing stone, especially for the stomach and digestive system. Orange Calcite encourages creativity and spontaneity. It can help you to connect with your 'inner child' and learn how to enjoy life without inhibitions. Calcite is a Mercurial stone and all colours release powerful psychic energies. It is an excellent stone to keep in a room where you will be working magic and if you work in a group it will help to focus and harmonies the individual energies to increase the available power. Air</p>
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<p><b>Carnelian</b></p>	<p>Associated with elemental Fire and a powerful stone for anyone working Fire magic. Sacred to the Goddess Isis. In Egypt the dead were buried with Carnelian amulets carved in the shape of the Buckle of Isis, believing that it would resurrect them just as Isis resurrected her beloved husband Osiris. Used by the living to pass between the worlds. Boosts all psychic and magical powers, especially intuitive gifts such as psychometric, dowsing and clairvoyance. Believed to help ease the separation of the astral body from the physical, the first stage in astral travel. Sleeping with Carnelian under your pillow can help to encourage vivid dreams and astral experiences. Has a long affinity with sexual energies and brings great power to sex magic. Lowers inhibitions and dispels shyness and self-doubt so that you can become comfortable with your sexual nature and fully enjoy the pleasures of the flesh. Healing for PMS, endometriosis, sciatica, pelvic and reproductive disorders. Believed to help prevent miscarriage and assure a speedy birth. Helps you to make the most of your talents and focus your physical energy to create change in your life. Balances the mind between spiritual meditation and the need to put insights into action and do something constructive with your powers. Fire</p>
<p><b>Cat's Eye</b></p>	<p>A shimmering white stone that is not unlike Moonstone in appearance. Develops clairvoyant powers. Grants insights into your own unique gifts and talents to help you develop your magic as well as you are able to. Can be worn to help encourage your intuition when practicing any form of clairvoyance, divination or psychic exercise. Benefits those troubled by insecurity and lack of confidence by helping them to appreciate and develop their own inner strength. Water</p>
<p><b>Celestite</b></p>	<p>Celestite is a powerful healing stone that works by soothing away tension and anxiety and helping to ease the symptoms that are caused by stress. Helps to quieten the mind, soothe away worries and focus your thoughts. Very helpful when practicing any form of meditation or relaxation exercises. Air</p>
<p><b>Cerrusite</b></p>	<p>Creates a strong link with elemental Earth. Helps the over-imaginative to keep their feet on the ground. An excellent stone to work with when indulging in flights of fancy or imagining new plans and projects as it helps you to see the practical side of your ideas and foretell where problems may lie. Meditating with the stone can also give insights as to how these barriers can be overcome. Helps to strengthen concentration and memory when meditating and find ways to make your dreams become grounded in solid reality. Earth</p>
<p><b>Chalcedony</b></p>	<p>Both Chalcedony and Jasper are rocks made up of microscopic grains of Quartz. The difference is that Chalcedony is formed from parallel fibers of Quartz and Jasper from tiny grains like sugar. Chalcedonies are generally banded and translucent: Agate, Onyx, Bloodstone and Carnelian are all types of Chalcedony. All Chalcedony is renowned for its ability to fight depression and despair. When you feel that you can't go on Chalcedony helps you to see the light at the end of the tunnel and gives you the strength to keep going until you pull through. A very comforting stone when dealing with sorrow and regrets ~ whisper your pain to a Chalcedony and then leave it in a bowl of water in the Moonlight to see your grief washed gently away. Earth</p>
<p><b>Chalcopyrite</b></p>	<p>This striking, iridescent rock is also known as 'Peacock Ore' because of its shimmering, metallic colours. Associated with elemental Fire it holds within it the power of the star-lit sky</p>

	<p>and the knowledge that every distant point of light is a fiercely burning Sun. Used magically for weather control to create rain and harness the power of storms. Helps you connect with the elemental Fire that burns within you so that you can overcome doubts or worries that are holding you back from being the person you know yourself to be. In healing it provides stamina and energy and is good for the muscles, heart, lungs and nervous system. An excellent stone to work with when beginning a course of physical exercise or trying to improve your overall fitness. Fire</p>
Charoite	<p>A rare dark purple stone found in the Charo River in Siberia. Charoite is a powerful source of transformation. Can be used magically to dispel negative energy, transform bad luck to good and replace nightmares with pleasant dreams. Enhances memory and past life recall. Helps you to learn practical lessons from the mistakes of the past. Gives you the courage to follow your own individual path and to rely on your intuition and inner wisdom for guidance. Air</p>
Chiastolite	<p>Also known as 'Fairy Crosses', Chiastolite is a rare and mysterious stone within which the natural crystalline formations create a cruciform (cross shaped) marking. The stones are believed to be powerful amulets for good luck and are also used for elemental balance and self-improvement. The stones have long had a strong link with the Fair Folk. Call on their aid while you hold the stone, show them the cross and they will help you achieve your goals. Air</p>
Chrysocolla	<p>Associated with elemental Water, Chrysocolla is a powerful stone when working with any emotional issues. Balances the emotions and provides comfort when distressed. Alleviates the blackness of depression and despair, helping you see the light at the end of the proverbial tunnel. A useful stone for those who are affected by comfort eating or other emotional problems. Relieves tension, fear and guilt and can be very healing for those who have suffered the traumas of addiction or abuse. Amplifies energy and can be used magically as a 'prayer stone' ~ whisper your dreams to the stone then put it outside overnight under a full Moon to see your wishes come true. As a healing stone it is especially good for PMT, mood swings and stomach cramps. Reputed to ease labor and childbirth. Water</p>
Chrysolite	<p>A Solar stone strongly associated with the power of elemental Fire. Can help you to gain physical comforts such as wealth and fame while maintaining a balance with the spiritual side of your nature. Prevents you from becoming lost in gross materialism or blinded by greed. The light of the Sun burns away the shadows of the Moon, and therefore Chrysolite can be used magically to drive away nightmares, terror, illusions and spells cast against you. Fire</p>
Chrysoprase	<p>A stone of elemental Earth. Can be used magically to increase love and friendship and bring the gift of good companions into your life. Also helpful when trying to contact Nature Spirits, Guides or magical animals. A powerful stone for healers, Chrysoprase increases the power available by allowing you to connect with the vast energies of the Earth. The stone has a special link with the Dragons of the Earth and if taken as an elixir or added to a charm bag will help you to communicate with these fabulous beasts. A special talisman for anyone who has to struggle long and hard against overwhelming odds to gain a goal they know to be worth fighting for. Develops perseverance, determination and single-mindedness. Encourages eloquence and quick thinking, making it a powerful charm for anyone involved in legal battles or in a situation where they need to cast spells of illusion or deception for their own protection. Earth</p>

<p><b>Citrine</b></p>	<p>One of the most powerful healing stones. Citrine works on the heart, kidneys, muscles and stomach and helps to heal gangrene, infection and blood disorders. The stone raises the spirits of people who are ill, boosts their immune system and aids their recovery. Probably the best stone to use for depression and a lack of physical energy. Helps overcome lethargy, obesity; comfort eating, grief, guilt and depression. A Solar stone, its bright sunny power can bring hope and energy even to those who find life impossible to bear. It is believed to help combat the side-effects of electrical energy that we are all surrounded by nowadays. Spiritually it cleanses vibrations in the atmosphere and can purify room used for magic or healing. Brings conflicting energies into balance and helps integrate the physical and spiritual aspects of your nature. Helps to transform dreams and visions into physical reality. Encourages love, new beginnings and hope. Fire</p>
<p><b>Coral</b></p>	<p>Sacred to Sea Goddesses such as Aphrodite and also to Medusa, who it is said stained Coral red with her blood. Enhances any sex magic or spells for passionate love. All coral can be used in love magic but the deeper the colour the more passionate the results. Pale corals can be used to ensure a passionate relationship tempered by friendship and emotional compatibility. Coral is an ancient and powerful fertility charm, worn as an amulet by the Romans and especially favoured by childless women. Symbolizes female wisdom and the wise blood of menstruation. Coral holds the power of elemental Water and can help connect with that element or communicate with the magical beings of the oceans. Used in spells for magical concealment it can hide your works and desires or can be used to reveal the magical workings of others. It reveals secrets, especially the deep secrets of your own mind. Helps to overcome fears, phobias and doubts and to understand your deepest, darkest shadows. Protects from storms, tempests, lightning, spells, enchantments, 'assaults of the Devil' and many other perils, both natural and supernatural. A very powerful protective charm for children. A necklace of Coral hung on the crib of a new-born baby will drive away any evil and bring the child under the protection of the Goddess. Water</p>
<p><b>Cuprite</b></p>	<p>Cuprite is the name given to Copper Pyrite. It seems to be an opaque, grey, metallic crystal, but when held to the light it reveals a deep, translucent blood red colour. A stone of female strength and power. It symbolizes the womb of the Earth from which all life and creativity spring and like the Earth it holds the potential of life, death and rebirth. Powerful in any magic of self-discovery. Helps you to go within and enter the Void, the great nothing from which everything comes into being. Used for meditation, contemplation and prayer. Helps those brave enough to seek inner knowledge and try to understand their deepest feelings. Cuprite has strong links to the Moon and menstruation and can be used to help you attune to your monthly cycle and learn to use the power available to you at that time. A stone of the darkness, solitude and silence from which creativity and vision come. Helpful to those who find it difficult to be still and silent. Teaches you to listen to the quiet voice of the Universe and draw on your own inner knowledge. Earth</p>

<p><b>Desert Rose</b></p>	<p>Desert Rose is not technically a stone. It is formed when lightning strikes sand and liquidizes it. The melted sand then solidifies into beautiful, flower-like crystalline forms. Because it has been created with the massive power of a lightning strike it can be used magically to bring vast, fiery energies to any spell you are working. Desert Rose must be used with caution. The</p>
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	<p>power than it holds can be overwhelming and if not used with care it can have disastrous or unforeseen consequences ~ like using the proverbial sledgehammer to crack a nutshell. Breaks down barriers and melts away any fears that are preventing you from progressing. Burns away doubts, increases confidence and belief in your abilities. A very powerful stone when used to transform a situation, but again you must be very careful how you proceed. The power of this stone is not subtle and you may find that you lose control of the ways in which your life is being transformed. Fire</p>
Diamond	<p>Diamond has always been a very popular stone, even though it is only in the past few centuries that modern cutting techniques have revealed its full glory. The ancient Greeks and Romans wore raw Diamond as a talisman that bestowed honour, courage and daring. The high regard they had for the magical power of the stone is obvious, because unpolished it is quite an ugly rock. The hardest known stone, Diamond is unchangeable even by fire and because of this it is an age-old symbol of permanence and the immortality of the soul. Magically represents the power of love and all strong emotions. Enhances strength, wisdom, pride and confidence and helps us strive for purity and perfection. Used in spells to gain fame, influence and power it is the perfect stone for those who are tired of hiding their light under a bushel and long for the recognition they feel they deserve. Used magically it can be very powerful for these matters, but be sure that you can deal with the pressure of being in the spotlight and that you will be drawn to the attention of the rich and powerful for the right reasons! Combats sorcery, possession, negativity and self-doubt. Releases those possessed by demons (whether they be magical or psychological. Often classed as a Solar stone it also has an affinity with Mars and its greatest powers are released when it is used in conjunction with iron, so add a little Pyrite, Hematite or Lodestone to any Diamond charm bag or spell. Fire</p>
Diopside	<p>Also known as 'four-ray star' because when cut and polished it exhibits a beautiful star of reflected light that shimmers on the surface of the stone. Although Diopside rock is fairly common it is seldom found in gem quality. Usually deep green to almost black in colour. Use when meditating to unlock the secrets that you hold deep within you and to reveal the mysteries of magic to your conscious mind. Air</p>
Dioptase	<p>The stone of forgiveness. Helps overcome the conflicts and pain caused by past experiences that have not yet been forgiven or resolved, and through recognizing this it helps you to forgive (yourself or others) and move on with your life. Encourages growth by helping you to release yourself from the 'roles' you play in life and be the person you really know yourself to be. Raises self-esteem and heals the damaging effects of lack of self-love, anger and resentment. An excellent stone for meditation, contemplation or any work that requires you to look deep within yourself and understand your true nature. Water</p>
Dumortierite	<p>Dumortierite was only discovered in the 19th century. It is a rare, deep blue stone believed to be ruled by Uranus. Very protective, especially against the most powerful and concentrated of magical attacks. Helps to turn away curses, unexpected waves of magical power and the sort of highly organized and focused attacks that would come from a group working against you. It ensures that the energy it deflects is sent back to its source and can be used magically to ensure justice against someone who has used their magical powers unethically - but be sure that your motive is pure when you use it or it may well turn that force back on you! Encourages creativity, imagination and revolutionary new ways of thinking. Causes strange</p>

	<p>coincidences, sudden change, transformation, unexpected happenings and sometimes anarchy and mayhem. Water</p>
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<p><b>Emerald</b></p>	<p>Represents Time and the astral planes. Most of us have trouble living in the magical moment of 'now' because we are so busy brooding over the past or dreaming about the future. Teaches us to focus our attention in the present and live every moment to the fullest, making the most of the gifts we have. Working with the stone can remind us how to move through Time with ease, allowing us to work more powerfully on the astral realms, access the Akashic Records and meet with the beings that inhabit other worlds. Sacred to Venus, Emerald is used in many love spells, especially to encourage faithfulness or bring back a straying lover. It is said that the stone will crack or fade if your lover is unfaithful. In love and sex magic it encourages passion and arousal and releases inhibitions. As a talisman it protects against violence, abuse and rape and is powerful for healing the trauma of such attacks. Worn by a woman who has passed the menopause it helps her to develop her psychic and magical powers. In Egypt Emerald represented resurrection and in many cultures it was buried with the dead to ensure safe passage and a fortunate reincarnation. Increases your intuitive and prophetic powers, memory, eloquence and communication skills. Develops strength and wisdom and brings happiness, good fortune, friends, creativity and energy. Wearing the stone or drinking the elixir will help you get the best results from any psychic or magical exercises. Earth</p>
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<p><b>Feldspar</b></p>	<p>Usually considered to be a Lunar Stone. Feldspar encourages the gifts of clairvoyance and clairaudience (the ability to hear spirits). A useful stone when you are working to develop any psychic power, Feldspar is most effective when used in conjunction with regular psychic exercises. Keep a couple of pieces in a charm bag along with a silver Moon trinket to see your abilities increase. Water</p>
<p><b>Flint</b></p>	<p>A very hard but brittle, glassy, grey or black stone. Magically it represents the powers of elemental Earth and Fire and has been used for thousands of years to create sparks for fire lighting. Prehistoric man knapped flint into axes and arrowheads and these relics, especially the delicate and beautiful arrowheads, have been known for centuries as 'Elf Shot'. Can be used to banish anything you want removed from your life such as illness, addiction, or ill wishes. Cuts through fear, enchantments and the bonds that tie you to the past. Can be used as a protective 'weapon' when undertaking a dangerous spiritual quest or astral journey. Fire</p>
<p><b>Fluorite</b></p>	<p>Fluorite is one of the most powerful stones for creativity and mental powers. It is renowned for giving clarity of vision that is wonderful for art, creative writing, astral travel, meditation, scrying and most magical work. It is very protective and keeps the bearer safe on dangerous paths, whether they are in the real world or the magical realms. Lessens the fear of ridicule or failure while also boosting confidence and belief in your talents. Brings inspiration, originality and beauty to any artistic or creative project. Fluorite awakens the intuitive senses that are used</p>

	<p>when working with crystals and it is one of the easiest stones for a beginner to get a 'feel' for. When worn on the third eye it helps to enhance mental capacity, intellect and the power of concentration. Air</p>
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Galena	<p>Galena is associated with the powers of elemental Earth. Gives confidence and helps you to develop a sense of inner strength and power. Balances and strengthens energies to create a state of being where your spiritual, physical and mental powers are working together harmoniously for your benefit. Healing to the heart, lungs and circulatory system. Earth</p>
Garnet	<p>Closely associated with the powers of elemental Earth and Fire, Garnet is a stone of passion and courage. Long believed to be a favourite stone of Dragons, it draws on their protective powers and helps the bearer communicate with them and learn their great secrets. Natural, unpolished Garnet is not a pretty stone, but it symbolizes the awesome energy of raw, untamed magic and is ideal for spells and rituals where you need to draw on high concentrations of power. Sacred to the Goddess Isis, Garnet was believed to be solidified drops of her blood. Wearing the stone brings you under the influence of the Mistress of Magic and helps you to pass between the worlds with ease. Renowned as a stone of illumination and revelation. Stirs the blood and wards off depression. Empowers magical regeneration and gives the stamina and strength to see a long, complex spell or project through to the end. Garnet can be used to help anyone who uses metal, including farmers, ironmongers, smiths, soldiers, surgeons, jewelers and craftspeople. Provides fertility, abundance and prosperity. Garnet establishes and activates the connection between your root chakra and the Earth, helping you to draw on the Earth's vast power for healing and empowering yourself. Fire</p>
Geode	<p>A Geode seems at first glance to be a plain, rather dull looking piece of rock. Look inside though and you will find a secret treasure trove of sparkling crystals. Every geode is uniquely beautiful and they make a wonderful focus for meditation, scrying and spirit journeys ~ gaze into the crystal studded interior of a Geode for long enough and you will feel yourself being drawn into it. Magically Geodes symbolize hidden treasure and inner beauty. They can give you the confidence and knowledge to allow your hidden talents and gifts emerge and blossom. Can be used in spells or charms to make your most secret wishes and dreams come true. Earth</p>
Goldstone	<p>Usually brown (black and red Goldstone is also available) and shimmering with pin-pricks of golden light, there are at least two different types of Goldstone available. One is a form of dyed Aventurine and the other is made from glass but both seem to work equally well in spells and pouches. Because it is not a naturally occurring stone Goldstone symbolizes human ingenuity in the search for wealth and beauty and can be used in any magic to develop your latent talents and use your own ingenuity to improve your lot in life. Used in rituals to gain wealth, power, honour and riches. Can help bring you honour and public recognition or to move into the limelight in your chosen field but be warned - this is not a stone for the shy and self-effacing! Also helpful in keeping your feet on the ground and not allowing yourself to become overwhelmed or bigheaded about your newfound fame. Fire</p>

<p><b>Goshe nite</b></p>	<p>Goshenite is the name given to pure Beryl which contains no chemical impurities and is therefore colourless. Magically this is a very powerful stone which can be used to reveal other people's secrets, find out when they are lying to you, see through illusions and break any spells that are designed to confuse or mislead you. It can also be used in spells to protect you from malicious gossip and ill wishing. Air</p>
<p><b>Gypsu m</b></p>	<p>There are three varieties of Gypsum that have been used for carvings and jewelry since ancient times. Alabaster is the fine grained, translucent variety, Satin Spar is fibrous with a pearly luster and Selenite is a transparent, colourless crystal form. Gypsum is very soft and can be scratched with your fingernail. Use in magic to increase your flexibility and make you more adaptable. Can be used to lessen the fear of change and help you cope with upheavals and problems. Gypsum teaches us that change is not 'bad' or something to be feared but is an opportunity to learn and grow stronger. Earth</p>

<p><b>Hematit e</b></p>	<p>Hematite is the gem form of iron, in the same way that Diamond is the gem form of carbon. It is a very powerful stone of magical energy that contains within it the combined essences of elemental Earth and Fire. It is often used in magic to release a sudden burst of power, for example at the conclusion of a spell. Breaks through any barriers that may be holding you back such as fear, inhibition, guilt, worry or self-doubt. An excellent stone for absorbing and grounding negative energy, it can be used to stop poltergeist activity and psychic disturbances. Helps recovery after childbirth or surgery and can be used in magic to make sure the surgeon's knife is swift and accurate. The name Hematite is from the Greek 'Hematite's', meaning 'Stone of Blood' because when it is cut or ground it gives off a red dust that runs like blood when mixed with water. This is iron oxide (rust) and the dry powder is called Red Ochre. It has been used for thousands of years as a pigment for cave painting and also to colour tombs and the bodies of the dead. The blood red colour symbolizes life energy and Hematite has long been used in funeral rites to ensure a safe journey to the Underworld and a favorable reincarnation. When used in healing it is a powerful blood cleanser and purifier. It augments and balances the flow of energy in the body and is believed to be particularly useful when practicing astral travel or out of body projection. It can be used to ground high spiritual and magical energies, dreams and visions into physical reality. Creates a powerful connection with the Earth and is a useful stone for anyone who is becoming 'spaced out' by meditation or magical work. Fire</p>
<p><b>Hawk's Eye</b></p>	<p>Hawk's Eye is a Shamanic stone which is helpful to anyone undertaking magical journeys, astral travel or any difficult spiritual task. Helps you to understand and accept death and change and learn to 'go with the flow' rather than fighting these inevitable happenings. Soothes grief and helps to bring acceptance that all things must die and that death is not the end, but rather a new beginning. Used in magic to connect with your past lives, Ancestor Spirits or the Mighty Dead (the spirits of priests, priestesses and magic users who have left this life). Encourages you to trust your inner wisdom and intuition. Brings a spark of creativity to any project that you are undertaking and helps you to remember that everything you create is a gift to the Gods. Earth</p>
<p><b>Heliodor</b></p>	<p>Heliodor is a form of golden coloured Beryl. Use in magic to increase your confidence and self-belief. Heliodor is especially useful to anyone whose self-confidence has been damaged</p>

	<p>by other people as a result of abusive relationships or bad experiences. Meditating with the stone can awaken your 'inner flame' and help you to remember that you are special and unique and have an important role to play in life. Air</p>
<p><b>Herkimer Diamond</b></p>	<p>Herkimer Diamond is a form of Quartz that has become popular nowadays as a healing and metaphysical crystal. Enhances dream states and helps you remember your dreams more clearly so that you can learn from them. Encourages astral travel. As a healing stone it is renowned for its ability to cure the symptoms of stress and pollution. It is reputed to draw toxins out of the physical body and help to increase your ability to heal yourself. Helps you to develop self-love and self-respect and increases your ability to give unconditional love to others. Air</p>
<p><b>Hiddenite</b></p>	<p>Hiddenite is a very rare, emerald green coloured form of the mineral Spodumene. It occurs almost exclusively in the rocks of Hiddenite, North Carolina. On its own it is extremely rare but it is sometimes found as tiny crystals growing with Kunzite (another gem form of Spodumene) and the two stones together are considered to be very powerful for healing and magical work. Hiddenite is used to help your self-development, increasing your psychic power and magical knowledge. Sometimes known as the Stone of Evolution, Hiddenite is believed to help humans to evolve into more spiritual beings. The stone can also help you to communicate with deities and spirit guides and to understand what your purpose is on Earth in this lifetime. Air</p>

<p><b>Iceland Spar</b></p>	<p>'Iceland Spar' is the name commonly given to Calcite when it forms in clear, naturally 'double refractive' crystals. Double refractive means that when light enters the crystal it is bent twice before exiting again ~ if you look at a page through Iceland Spar the image you see will be doubled. Because of this property it is used magically to double the power of any spell or charm bag. Helpful also for opening doors of opportunity and increasing the number of 'lucky' chances you are presented with. Air</p>
<p><b>Iolite</b></p>	<p>Iolite is the stone of Witchcraft. Also known as Cordierite and Water Sapphire it is a transparent, pale blue purple stone. Enhances all magical powers when worn and if you keep a piece with you then over time it will subtly increase your occult powers and psychic sensitivity. Improves visualization skills and creativity. Aids your concentration, focus and dedication to learning and helps to ensure that all your newly found knowledge stays in your head and leads to increased wisdom. Sacred to the Mother Goddess. Increases your appreciation of feminine power, magic and spirituality and helps you to draw that power into your own life. A protective and nurturing stone that will help you to recognize your own unique talents and develop them in ways that will better your life. Water</p>
<p><b>Iron Pyrite</b></p>	<p>Also known as Fool's Gold, Iron Pyrite forms in natural crystalline nuggets with a deceptive golden sheen. Use for any type of magic where things are not as they seem, such as casting enchantments, glamouring, seeing through the spells and intrigues of others and reading between the lines. A very useful stone for anyone who is gullible or easily deceived. Enhances eloquence and the ability to speak your mind without fear while also helping to increase tact and diplomacy. Gives the knowledge of when to speak out and when to stay silent. In healing Iron</p>

	<p>Pyrite is used to purify the bloodstream and is useful for disorders of the lungs, respiratory tract and digestive system. An excellent stone for grounding, very calming and empowering for people suffering from stress and nervous exhaustion. Enhances your natural connection to the Sun and helps you to channel the powers of healing, confidence and success into your life. Teaches you to understand your instincts and desires so that you can act with reason in even the most heated situations. Helps to balance your masculine and feminine nature so that you can achieve wholeness. Fire</p>
Ivory	<p>Ivory still turns up quite often in jewelry and carvings. Please do not wear it and do not encourage anybody else to wear or buy it. Do not buy old or second hand pieces of Ivory either ~ this can inflate the demand for faked 'antique' items. Magically it is supposed to protect the wearer from injury but there are many other stones that can be used for this purpose and in our day and age I think it is far better that the elephant or rhino wears it for protection from us!</p>

Jacinth	<p>Supposed to make the wearer irresistible and fascinating to others, especially if the stone is set in gold. Increases eloquence and the powers of persuasion. Jacinth has long been renowned for its powers to protect against illness, especially plague. Use magically to increase your charm and help you to influence others to do your will. If you are writing an important letter place a piece of Jacinth on it for three hours before you post it to ensure that your words are well received by whoever reads it. Air</p>
Jade	<p>Jade has been sacred in the Far East for thousands of years as a symbol of immortality. In Chinese mythology the Moon Hare made an elixir of immortality from crushed Jade and eating off Jade dishes was believed to ensure a long, prosperous life. Jade is used to attract and communicate with Dragons and a piece of Jade would make a wonderful offering to them that might help you to gain their favour. A sliver of Jade can be put in a bowl of water or underneath a crystal ball to bring visions of Dragons when scrying and sleeping with the stone can bring magical dreams. Usually thought of as green, Jade can be any shade from white through to deepest green and yellow as well. Magically Jade helps you to break unwanted links with people or places that you have outgrown. Jade is renowned as a stone of prosperity and it is said that if you handle a piece every day your wealth will increase. Can be used in spells and charm bags to draw material wealth and also to increase your sense of self-worth and personal power. Boosts courage, brings good fortune and health and protects from misfortune and accidents. Jade helps to sharpen concentration and increases your understanding and ability to memories intellectual knowledge. Can be used to help you make the most of a period of study or to give you the confidence to express your knowledge clearly and keep your audience's attention. In physical healing Jade is reputed to be excellent for kidney problems and also helps the heart, larynx, liver, spleen, thymus, thyroid and nervous system. It is believed to strengthen the body and immune system, giving good health and longevity. Earth</p>
Jasper	<p>There are many types of Jasper, all with their own unique powers. All forms of Jasper are associated with the power to break a drought. A dish of Jasper filled with water should be placed on a windowsill to draw rain. It may be difficult to find a dish of Jasper so you could always use a consecrated clear glass bowl filled with Jasper stones. This spell can also be used to end an intellectual drought, for example be rid of writer's block or a fear of failure that is holding you back from being creative. All Jaspers protect from nightmares and strengthen</p>

	<p>the mind against depression and negative thoughts. They help to increase self-confidence and independence and ward off mental or psychic domination by others. Can help you to break free of an oppressive situation or abusive relationship but use the stone with caution. Only use it for these purposes if you are sure that you want your life to change because it can have powerful and sometimes unexpected effects! Green Jasper is an excellent general healing stone and balances the energy of the healer, making them more effective and helping them to bring intuition to bear on diagnosis. It is especially useful for constipation, ulcers, intestinal problems, bladder and gall bladder complaints. It encourages the gift of clairvoyance. Yellow Jasper is used for healing the endocrine system, tissues, skin, pancreas and sympathetic nervous system. It helps to balance the body's energy and focus the mind on everyday tasks. See also <a href="#">Brecciated Jasper</a>, <a href="#">Picture Jasper</a> and <a href="#">Red Jasper</a> Earth</p>
<p>Jet</p>	<p>Jet is not actually a stone. It is a fossilized organic substance very similar to coal and in fact Jet and coal are created from the same materials in the same way. The best way to tell if you have found Jet is to use it to draw a line on hard stone. If you draw a light brown line you have Jet and if you draw a black line then you have found coal. Jet is common in prehistoric burials and is associated with powerful women, Queens and Priestesses. Represents the power of the Goddess and the mystery of the night in which the silver Moon is Queen. Can be polished to a high sheen with brass polish (and a bit of elbow grease!) and flat pieces of Jet make excellent magic mirrors that can be used in scrying and divination to gain Underworld knowledge. Jet was popular in Victorian times as a stone of mourning. Wear it in honour of the Mighty Dead or to speak with Underworld deities. Helpful for those who find it hard to make firm decisions. Increases shamanic powers, especially the power to travel between planes. According to an early writer Jet has eight virtues – it protects from storms and lightning, prevents poisoning, defends against sorcery, banishes demons from any home in which it is kept, an elixir given to one possessed by the 'hateful fiend' will reveal this and release them, a potion of it will restore health, the same potion restores a 'smooth body' and whosoever takes the potion is immune to snakebite. Sacred to Cybele, the Mother goddess of Greek and Rome ~ hold a piece of Jet in your hands and you can ask her for a favour. Earth</p>
<p>Kimberlite</p>	<p>Kimberlite is the host rock for Diamond. Diamonds need pressures in excess of 50,000 atmospheres to grow, which occur at a depth of more than 90 miles (150 km) below the surface of the Earth. Kimberlite is an unusual volcanic rock in which most Diamonds grow. No Kimberlite volcanoes have erupted for more than 60 million years but if one did it would be devastating because the speed needed to bring Diamonds to the surface of the Earth from that depth in one piece is more than the speed of sound! Kimberlite is a stone of elemental Fire, and symbolizes Fire's ability to purify and transform other substances, creating beautiful diamonds from plain rocks. Symbolizes the spiritual evolution of a person's soul and is a very useful stone for anyone who is striving to improve their nature. Kimberlite helps a person to 'walk their talk' and follow the path of magic and spirituality that they believe in. Fire</p>
<p>Kornerupine</p>	<p>Kornerupine is a very rare stone usually found as clear, brown or yellow crystals. The extremely rare green colour is the most valuable. 'Cat's Eye' and 'Star' Kornerupine are sometimes found but are also very rare indeed. Magically this stone can be used to break barriers and free you from oppression. If you feel that you are stuck in a rut this stone can help you determine where the problem lies and how to transform your life. In meditation it helps to give you a broader understanding of a situation that is troubling you and this can allow you to see solutions that were hidden from view. Kornerupine often seems to reveal messages and answers through visions and sudden flashes of inspiration so keep a careful note of your dreams after working with this stone. Earth</p>

<p><b>Kunzite</b></p>	<p>Kunzite is a very popular stone at the moment for healing and 'new-age' work. As a healing stone it is very powerful and just looking at the pretty, lilac coloured crystals seems to soothe and heal the mind. Kunzite is reputed to cure mental problems, neuroses, addiction, memory loss, schizophrenia, phobias and depression. It is used magically to help heal the mind and regain emotional balance after traumatic experiences. Air</p>
<p><b>Kyanite</b></p>	<p>Kyanite forms in sapphire blue crystal 'blades' and 'wands'. Linked with elemental Water the crystals can be used for emotional healing or to strengthen your resolve and self-confidence. Helps you to recognize your own strengths and talents and make the most of them. Can be used to develop charisma and the ability to hold people's attention and speak without fear. A useful stone for anyone suffering from shyness or for people who feel 'invisible' in life and wants to make more of an impact on society. When used in meditation it grants visions into past lives. Magically the blade can be used like a knife to symbolically cut away the emotional ties that link you to people and places you have outgrown. Water</p>

<p><b>Labradorite</b></p>	<p>A grey stone with iridescent flashes on its surface, sometimes described as 'Storm Cloud with Rainbows'. The perfect stone for any practicing magic user. Frees the power of imagination, releases inhibitions and false modesty and increases belief in yourself and your unique, magical abilities. Helpful to anyone seeking a spiritual ally or a familiar as it can be used to open channels of communication with spiritual beings and invite them to be present in your life. Encourages and assists those who are searching for wisdom and can help you find magical knowledge in the most unlikely of places. There is also a very rare form of golden Labradorite which has a clear 'Topaz' colour. Known as 'Sun after Storm' it brings deliverance from oppression and helps relieve the effects of stress, especially after a long and arduous time of troubles. Air</p>
<p><b>Lapis Lazuli</b></p>	<p>Lapis is a very magical stone that has been renowned since ancient times for its power and beauty. Its rich blue colour, covered with tiny golden sparkles of Iron Pyrite, resembles the star studded night sky and magically it is used to symbolize this and call upon the powers of Night. Used to increase magical energy levels and strengthen your psychic protection against negative energy. Most commonly used in magic for love and sexuality. The stone is sacred to the love Goddess Laz and also to Ishtar and can be used to call upon them when you are in need of their aid. Touching Lapis Lazuli every day is reputed to ensure contentment and a comfortable life – jewelry would be ideal for this purpose, though if you can afford lots of beautiful Lapis jewelry you probably already have a comfortable life! Lapis is also supposed to bring its bearer peace of mind, calmness and clear thoughts so it is a very useful stone to keep near you when practicing meditation. Air</p>
<p><b>Larimar</b></p>	<p>Also known as Blue Pectolite or Dolphin Stone, Larimar is closely connected with the powers of elemental Water. Cooling, cleansing and calming this stone is particularly useful for people with a hot temper or fiery nature. A piece of Larimar in a bowl of consecrated water can be used to bring cleansing and healing power to the liquid which can then be used to wash objects or people during ritual. However, the simplest way to benefit from the energy of Larimar is to lie back and relax in the bath with a piece of the stone. A powerful healing stone, Larimar is very useful for fighting infections and other 'hot' conditions, or for cleansing the body of memories and old traumas that are preventing full health. Believed to</p>

	<p>correct chemical imbalances and help heal mental illnesses, especially schizophrenia. Eases anger and turbulent emotions and brings peace and mental calm. Water</p>
Lazurite	<p>Lazurite is the main mineral in the rock which forms the gemstone Lapis Lazuli. The stone has long been believed to restore harmony between the hemispheres of the brain and is therefore commonly used for healing problems such as dyslexia. It is also helpful for high blood pressure and problems with the liver or immune system. Air</p>
Leopardskin Jasper	<p>Leopardskin is a form of Jasper which is covered with spots and swirls of black or brown on a pink, grey or sandy base. The patterns often resemble animal skin and because of this it is used in shamanic magic concerning animals. This form of Jasper is helpful to anyone studying the magical arts. Increases shape-shifting ability and attunement with spirit animals. Used in spells for magical secrecy and invisibility, camouflage and the ability to walk unseen. Meditation with this stone can guide you to the right path and help you find whatever knowledge you are searching for. Heals wounds caused by conflict or battle, especially old emotional scars. Earth</p>
Lepidolite	<p>Lepidolite is a pretty, lilac or purple coloured form of Mica which sparkles and twinkles in the light. Brings peace and harmony and is very useful for cleansing a room after an argument or confrontation. Helps you to relieve stress and learn to let go of hurtful words or memories so that you can find inner peace. Aids restful sleep and protects against nightmares. This stone is closely connected with Earth magic and it is said that if you treat it gently it will teach you how to tread lightly on the Earth. Meditation with Lepidolite can increase your awareness of the role you play as part of the web of life. A healing stone for mental illness and emotional problems. Air</p>
Lodestone	<p>Also known as Magnetite, Lodestones are a naturally magnetic form of iron ore. This magical stone was used to make the first compasses because a sliver of Lodestone floated in a bowl of water will align itself with the Earth's magnetic field. It has been used in spells for hundreds of years to increase the power of attraction. Add to charm bags to draw love, wealth, luck and happiness or just to increase the power of the other ingredients. Many believe that Lodestones should be carried in pairs, one to attract good things and the other to repel evil. Roman prostitutes wore the stone as a talisman to attract wealthy clients. Lodestones and iron kept together in a charm bag will encourage fidelity and boost sexual desire between a couple. A Lodestone worn at the belt is reputed to increase a man's sexual vigor and encourage interest from the opposite sex. Carved Lodestone belt buckles are worn not just to increase sexual prowess but also to increase success in business, gambling and money matters. Used magically to increase general health and to boost all levels of energy, physical, mental and spiritual. Whenever Lodestones are used in magic, even in charm bags, they should be removed regularly and cleansed because their magnetic power can lead them to become saturated with the energy they have drawn. Fire</p>

Malachite	<p>Malachite is believed to bring good luck and fortune to anyone travelling by sea, especially explorers or adventurers. A stone cut into a triangle protects against the evil eye and bring the</p>
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	<p>bearer under the protection of Hera/Juno, Queen of Heaven. Also sacred to Venus/Aphrodite and can be used in spells to attract lovers. Can help you become more creative by helping you realize the worth of your talents while being flexible enough to make the best use of them. It is said that a piece of Malachite in your till will ensure continuing business success. The stone is well known for its ability to turn aside mental and magical attacks. Malachite is linked with the magical Will and can be used in spells or meditation to strengthen that skill and increase your personal power and confidence. Used in healing to treat headache and migraine. A Malachite pendant given to a child as a gift will protect them from illness and accidents. Fire</p>
<b>Marcasite</b>	<p>Marcasite is a mineral iron ore. The name 'marcasite' is often applied to Iron Pyrite when it is used in jewelry but this is incorrect. Marcasite and Pyrite are chemically identical but have different crystal structures. When worn or carried the stone is believed to increase your ability to deal with problems. Helps boost confidence, especially if your self-esteem has been worn away over time. In meditation the stone can help you to look at your past experiences without emotion so that you can learn any lessons, release the pain and move on. Fire</p>
<b>Meteorite</b>	<p>Even the smallest piece of meteor is believed to contain the power of the Gods in the heavens and it has been considered a sacred stone for thousands, perhaps tens of thousands of years. In Babylon this gift from the Gods was believed to be a very powerful charm: <i>"Take thou the potent meteorite of heaven, which by the roar of its awful might remove all evils."</i> Meteorite is a very powerful stone and is alive with magical energy. Its fiery power is best used for magical transformation. It can help increase your willpower if you are starting on a course of study or giving up bad habits and is a very useful stone for any person who is trying to change their life for the better. Some believe that every piece of meteorite has within it its own intelligence and spirit, which you can communicate with through meditation and dreams. Fire</p>
<b>Mimitite</b>	<p>Mimitite helps communications between people. It is a very useful stone for those who need help expressing their feelings or who do not have the confidence to speak in public about their beliefs or knowledge. Meditation with this stone can help you find ways to explain the magical knowledge that lies deep within you through writing or speech so that you can share this magic with others. The stone is helpful to teachers, lecturers and can give confidence to anyone who has to make a speech or public appearance. Air</p>
<b>Moldavite</b>	<p>The only gemstone known (so far) that is not entirely of this Earth. Moldavite appears to be the residue of a glassy meteorite although there is some dispute as to whether it is purely extraterrestrial or a form of glass created by the impact of the meteorite on the surface of the Earth. The translucent, mossy green stone was created more than 14 million years ago and is extremely rare. The energy of this stone is very powerful and much has been written about it in recent years, perhaps because of its strange, vibrant power. It seems to pulse in your hand when you hold it. Accelerates spiritual development and helps you make conscious contact between the higher and lower self. In meditation it pierces the veil between the worlds, opens communication with spirit guides and deities and encourages visions of higher planes. In folklore Satan's crown was made of Moldavite which melted as he fell to Earth. In other legends the Holy Grail was carved from this stone. Moldavite is known as the Stone of Transformation but its power should be used with great care. If you ask this stone to help you change your life then be prepared for some major upheavals! Fire</p>

<p><b>Moonstone</b></p>	<p>A delicate, white stone that seems filled with the glow of moonlight, Moonstone was called Aphroselene by the Greeks in honour of Aphrodite, Goddess of love and beauty and Selene, Goddess of the Moon. Some people believe that the power of Moonstone changes with the Moon's phases and that broadly speaking it should be used for physical matters during a waxing Moon and psychic matters under a waning Moon. Greatly helps attunement with elemental Water and gaining a better understanding of your emotions and the emotional needs of others. Enhances intuition, telepathy, clairvoyance and all the psychic skills and is wonderful for any form of Moon magic. According to folklore keeping a piece of Moonstone under your tongue will keep you focused on your goals, but you could also make an elixir for this purpose. Helps to clear away confusion and bring sense to complicated situations, allowing you to focus on what is really important. In India Moonstone was the stone of lovers and two charmed Moonstones, one for each partner, will keep them ever in each other's thoughts. In healing Moonstone is used to clear the mind and discard any confusion or turmoil that is preventing you from being fully healthy. It soothes and balances the emotions and is especially useful to anyone who cannot express their feelings or has a fear of love and intimacy. Water</p>
<p><b>Morganite</b></p>	<p>Morganite is a pink, peach or lilac coloured form of Beryl. Magically the stone can be used to help open channels of communication to guides, deities, angels or spirits and it is very effective when used in combination with meditation and dream magic. Used in healing for any problems with the larynx, lungs, thyroid, nervous system or major muscle tissues. Air</p>
<p><b>Moss Agate</b></p>	<p>Moss Agate is a clear or very pale form of Agate that is filled with green or black inclusions of manganese that look like spreading moss or tree branches. A helpful stone for anyone seeking new friends as it is reputed to bring company to the lonely and give its bearer the confidence to reach out to others. The Romans believed that this was a very lucky stone and the Gods smiled on anyone who carried it. Meditation with the stone can help you gain knowledge about the care and treatment of plants and what you can do to help care for the Earth. Used magically to break enchantments, see through illusions and reveal lies and deceit. Whisper your troubles to a piece of Moss Agate then leave it out under a waning Moon to see your problems diminish ~ just remember to cleanse it well afterwards. Earth</p>
<p><b>Mother of Pearl</b></p>	<p>Mother of Pearl is not a stone but is widely used in jewelry and carvings. It is the hard iridescent inner surface of the shells of certain mollusks. It can be white, cream or brown and is sometimes called nacre. Sacred to the sea and the power of elemental Water this is a wonderful gem for any Sea Priest or Priestess. Meditation with Mother of Pearl can help encourage memories of your past lives. Used magically for concealment and secrecy. When used in love spells it helps to improve the quality of existing relationships. Water</p>

<p><b>Nephrite</b></p>	<p>Nephrite is a form of Jade and there has been much confusion between these two related stones. Basically they are almost identical but Jade is formed from the mineral jadeite whereas Nephrite is formed from actinolite. Nephrite is an amazingly tough and durable stone and because of this it represents perfection and immortality. Most Chinese Jade is Nephrite and since the beginning of their history this stone has been esteemed above all others. The stone increases health and endurance both physically and spiritually. A mixture of Nephrite, rice and</p>
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	<p>dew water is believed to strengthen the muscles, harden the bones, calm the mind, enrich the flesh and purify the blood. The stone is used by modern healers for kidney problems, which it is reputed to be very effective at healing. Handle a piece of Nephrite every day and your wealth and prosperity will increase. Earth</p>
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<p><b>Obsidian</b></p>	<p>There are several forms of Obsidian but all are forms of natural volcanic glass. They seem to be opaque but if you hold a piece of Obsidian to the light you will see that it is transparent. Apache Tear Obsidian is pure black, Mahogany Obsidian is dark brown and Snowflake Obsidian is black with white, snow-like speckles that are caused by ash settling on the glass as it cools. The stone is sharp, easy to work with and fairly strong and so has been used for tools and weapons for thousands of years. Obsidian was a very important stone to the Aztecs, who knew it as Iztli or sometimes Teotetl, meaning 'Divine Stone'. It was polished and crafted into scrying mirrors that were sacred to the God Tezcatlipoca, whose name means 'Shining Mirror' and who had one of his feet replaced with a round Obsidian mirror. This is a very shamanic stone that holds within it the power of elemental Earth and Fire. It is used to help gain understanding of the Web of Wyrd and the workings of destiny in your life. The stone is said to lend great strength to those who are weak and protect the gentle from abuse. All forms of Obsidian are excellent stones for drawing Earth energy or helping to ground yourself and are especially helpful to people who live in a city or have to endure an unpleasant atmosphere as the stone can help shield you from unhealthy energetic noise. They are very protective and help to reflect negative energy and curses back to the sender or provide psychic protection during times of stress or magical attack. Fire</p>
<p><b>Onyx</b></p>	<p>Onyx is a form of Chalcedony made from sub-microscopic grains of Quartz. Because of the way these grains stack up in layers Onyx often has a banded appearance. This layering has made the stone popular for centuries for carving intaglios and cameos. Onyx has long been associated with magic and for occult purposes it is most commonly the black variety that is used. Some say that Onyx is a stone of 'black magic'. It is certainly in tune with the darker and more mysterious side of magic, sorcery and necromancy but to label it as 'evil' is a serious misunderstanding of the stone's energy. Onyx protects its bearer from misfortune and illness and prevents illusions and nightmares caused by evil spirits. It is a stone of powerful protection and strength. It is reputed to bring unexpected good luck to its bearer and to protect them from the plots and ill wishes of their enemies. A piece of Onyx, especially a sphere, can be kept on your altar to protect you from unruly energies or warn of any impending danger. The stone is helpful when trying to contact the spirits of ancestors or the Mighty Dead and helps recall memories of past lives. Onyx softens the barriers between worlds and shamanic work with this stone can help summon friendly spirits who will guide a dying soul on their journey. An excellent stone for increasing knowledge and helping you to focus on your studies which also helps you to gain deeper insights when casting bones or stones for divination. Earth</p>
<p><b>Opal</b></p>	<p>Opal is a beautiful, iridescent stone which can be milky white with flashes of blue and green or the rarer blue green colour with flashes of red. The stone was prized by the Romans who named</p>

	<p>it 'pederast' meaning that it had the fresh beauty of a child. Opals can dry out and crack quite easily so they are often protected by being made onto doubles or triplets, topped by or sandwiched between thin layers of clear Quartz. Many people consider Opal to be an unlucky stone. There is a legend that a merchant trying to buy a large quantity of Opals very cheaply spread a <u>rumor</u> about them being unlucky to reduce demand and therefore reduce the buying price. Unfortunately his ruse worked too well because his own clients were now afraid of the bad luck associated with them! Opal may be reputed to be unlucky because it is known as the Stone of Truth, which to some people is a deadly enemy. In magic the stone can be used ~ with care ~ to remove falsehood and trickery, find that which is hidden, show the secret plots of your enemies or reveal the truth of any situation. Used in spells to bring hope, protect the innocent, and bring success to people striving towards their personal or spiritual goals. Brings strength to visions and ideas and helps you create them in the physical world. Encourages the development of the 3rd Eye and is sometimes known as the Stone of the Mystic because of this ability. Opal should always be used with care as it can cause great harm to anyone who uses it deceitfully or for selfish and harmful magic. Fire</p>
<p>Pearl</p>	<p>Pearls have always held a mysterious fascination because for a long time it was not known how they formed. One legend tells that they are raindrops swallowed by oysters and another that they are drops of semen from Celestial Dragons flying over the sea or the foam from the lips of Water Dragons. They are formed when an oyster swallows a grain of sand or grit that irritates it and so it covers it with many layers of Nacre, the same material that forms iridescent sea shells and Mother of Pearl. The glowing whiteness of Pearl has long caused them to be associated with the Moon. Use in spells to gain lunar attunement, increase your psychic powers, become more skilful at scrying and divination or communicate with Naiads and the spirits of elemental Water. Can be used in charms or spells to heal conflict, ease trauma or break away from an aggressive or domineering person who has too much control over your life. Freshwater Pearls which are naturally formed are more expensive than 'cultured Pearls' which are grown for the market. We do not recommend that you buy or work with cultured Pearls because the process of creating them is cruel and inhumane. Minute 'shell beads' are inserted into live oysters and then Nature is allowed to take its course, but many oysters die during the seeding process and all of them die when the finished Pearl is removed. Water</p>
<p>Peridot</p>	<p>Peridot is a beautiful green stone that is said to only show its true beauty after nightfall. Because of this it is magically linked to the subconscious and the astral realms. Used in magic to increase intuition, work with dream states, undertake shamanic journeys and encourage astral travel. Worn at night it protects against nightmare, night hags and vampires. Peridot is an excellent stone for emotional healing and is said to restore the missing or damaged fragments of a person's soul so that they can find happiness and contentment. Wear Peridot to stave off foolishness and protect against madness or to help you keep your wits about you in challenging situations. Encourages mental clarity and helps develop visualization skills. The stone is said to bring inspiration to poets and to guide people to a happy marriage or true, loving friendship. Air</p>
<p>Petrified Wood</p>	<p>Petrified wood is formed when a mineral, usually Agate, replaces the wood of ancient, fossilized trees. The mineral becomes a perfect stone copy of the tree it has developed in, retaining its shape, structure and even its growth ring patterns. The stone is used magically to bring knowledge and understanding of trees, often considered to be the kings of the plant kingdom, because the stone preserves the energy pattern of the tree whose form it has taken. It is a stone of roots and beginnings, used to draw strength and knowledge from the ancestor spirits. Helps past life regression and communication with souls from the past as well as finding out whom and what you really are and where your destiny is leading you. Petrified</p>

	<p>Wood develops the powers of instinct and intuition so that you can use them to speak with and gain understanding from the spirits of those who have gone before us. Earth</p>
Phenacite	<p>Phenacite is a rare beryllium silicate that forms in crystals with wand or disk-like shapes ranging in colour from golden to grey or clear. It is a magical stone which is believed to have a transforming effect on the human spirit. Used in spells to raise awareness of yourself, your powers and your special gifts so that you can use them to better yourself and your world. An excellent stone for anyone who has high spiritual ideals and is striving to change their life. Helps teach us to 'walk our talk' and live the life that we know in our hearts is right. A stone of initiation, Phenacite is very helpful to anyone who is going through changes in their life, especially the rites of passage from childhood to adulthood, Maiden to Mother or Mother to Crone. It makes a wonderful gift for a Handfasting or wedding and for any birthday where a person is reaching a significant age such as 21 or 40. Air</p>
Picture Jasper	<p>Picture Jasper is sandy coloured and decorated with darker bands and specks that sometimes resemble desert landscapes. The stone is an excellent focus for meditation, especially when undertaking spirit journeys to desert lands to gain understanding of American Indian, Egyptian or Sumerian magic and spirituality. Increases eloquence and the ability to describe your spiritual and magical journeys so that other people can benefit from your experience. Brings calmness to hot tempered folk. Creates a link with ancient civilization and helps us to understand their beliefs and magic. Encourages far sight, patience and the ability to look at the big picture and gain understanding rather than making rash promises or hasty decisions. Earth</p>
Praziolite	<p>Praziolite is a form of green Quartz which is often scattered with minute sparkles of Iron Pyrite. It is a very personal magical stone which seems to warm to you as you hold it in your hand. Used in spells to aid attunement with Nature and to learn how to communicate with spirits of the Earth. Meditation with this stone can help you discover how you can tread lightly on the Earth and make a difference to the world as we know it today. Helps increase intuition and sympathy with the natural world and is an excellent stone for anyone caring for plants or animals.</p>

Quartz	<p>Quartz is the most common mineral within the Earth, so common in fact that it truly could be called the bones of Mother Earth. There are several coloured Quartzes, such as purple Amethyst, yellow Citrine and pink Rose Quartz, but clear, colourless quartz epitomizes the concept of a crystal. In fact our word 'crystal' comes from the name the Greeks gave to Quartz. They called it 'krystallos' meaning 'ice', because they believed the stone to be water frozen by the Gods to remain forever ice. The beauty and symmetry of the natural 'hexagonal' crystals is enchanting and it is no wonder that the gem has been important to many cultures throughout history, including our own. A very personal magical stone used to develop scrying ability, magical power and to focus spell casting for increased success. Basically Quartz absorbs focuses and transmits energy of any sort and because of this is used as a 'generator' to amplify whatever energy is being worked with. This property makes Quartz a very effective prayer generator. Whisper your prayer or chant to the stone in the morning and leave it on your altar to focus and transmit the</p>
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	<p>energy of your prayer. The stone will keep working long after your everyday routine has driven the prayer from your conscious mind. Because Quartz is so good at absorbing energy you must take care to cleanse it thoroughly after working with it. Nobody should be allowed to touch your personal Quartz without your permission, unless perhaps you need to capture their energy for some reason. Many people like to keep their personal Quartz wrapped in silk or in a pouch so that it cannot be influenced by outside energies.</p> <p><u>Phantom Quartz</u> are pure, clear Quartz crystals that hold at their heart the remains of a black crystal that seems to be dissolving into the Quartz. This stone can be used to concentrate underworld energies or send messages to those who have passed beyond. It is also helpful when working with the phantoms of your past.</p> <p><u>Snow Quartz</u> is a very common variety which is often found as pebbles on the sea shore. They are white and slightly glassy, often with dark staining caused by iron in the stone. Snow Quartz is an excellent stone for transmitting healing energy, especially for emotional healing.</p> <p><u>Crystal Skulls</u> are believed to store and transmit magical energy a bit like a natural super-computer. The Singing Skulls of American Indian legend are becoming very popular with modern magic users. There are believed to be thirteen Skulls who will one day come together and speak their wisdom to the tribes of man, but not until we are ready to listen to them. Crystal skulls are becoming quite common as gift items and they make a wonderful focus for meditation when trying to understand the mysteries of the Ancients.</p> <p><u>Clear Quartz</u> is renowned for its power to encourage psychic development and is of course the stone of the infamous crystal ball. If you can get hold of a Quartz sphere it is wonderful, as the stone helps amplify your energy and encourage your development as you work, making it much easier for beginners to get results. Use it with caution until you fully understand the power you are raising. Flawless Quartz spheres are expensive, but inclusions, swirls or facets inside the sphere often help when scrying, giving you something to focus your attention on. In magical ritual clear Quartz can be used to symbolize any stone, person, thing or colour because of its ability to absorb energy. It is a blank canvas onto which you can paint your magical desires. A Quartz stone can be 'programmed' for any purpose, as a healing aid, to focus power, communication, bring forth psychic ability, use in rainmaking magic ~ it was once even believed to be responsible for pregnancy!</p>
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<p>Red Jasper</p>	<p>Used magically for any spells concerning sex, passion or strong emotions. Red Jasper is a protective stone that can be worn to ward off nightmare and help prevent accidents and misfortune. Sometimes used in demonic invocations, meditation with the stone can help you discover some of the secret knowledge that demons possess. An excellent stone for menstrual magic that can help women to understand and better appreciate their natural cycles. Increases awareness of the Moon and the effect she has on your life.</p>
<p>Rhodochr osite</p>	<p>Increases self-confidence and self-reliance, independence and the ability to provide for you. Work with this stone can help bring freedom from an oppressive situation or to break away from a destructive relationship. Helps you learn to use your creative powers for your own</p>

	<p>benefit and to transform thoughts and ideas into real, physical creations. Helps heal emotional wounds suffered in childhood and bring out the 'inner child' in you so that you can see the world with curiosity and wonder again.</p>
Rhodonite	<p>Rhodonite is a stone of inspiration that can help you to recognize and make use of your own unique talents. Takes away feelings of guilt and false modesty so that you can appreciate how special and gifted you are. Used in emotional healing to help restore feelings of worth, confidence and self-love. Once you recognize your talents meditation with the stone can help you discover how you can use those gifts to better your life and your community.</p>
Rhyolite	<p>Used in healing to increase feelings of self-worth and enhance your ability to give and receive love. Rhyolite is sometimes called the Stone of Rejuvenation and can be used in spells to bring increased energy or a more youthful outlook on life.</p>
Rose Quartz	<p>This pretty pink stone has long been associated with love magic and it does have the power to draw and hold love. A stone of beauty, friendship and joy which can be used to boost your awareness of the beauty and magic of the world or to bring peace and harmony into your environment. A raw chunk of Rose Quartz is wonderful in a room where there is a risk of heated debates or quarrels ~ just remember to cleanse it thoroughly afterwards. Rose Quartz can be used in any form of love magic but perhaps the simplest is to give it away as a gift, which is said to increase the recipient's love for you. Meditation with the stone will help you find where you are 'blocking' love in your life and how to heal yourself of problems which stop you loving yourself as you should, such as depression, low self-esteem or self-hatred. An excellent stone for children or for adults who were deprived of love as a child. It carries the energy of elemental Water which can cool anger and wash away pain. Rose Quartz is one of the most powerful Water stones and is very useful if you are trying to connect with this element.</p>
Ruby	<p>Prized since ancient times this gem symbolizes Justice and its administration. Increases creativity and helps break down barriers to allow the free flow of mental and spiritual powers. A very useful stone for those who practice Tantra or Sex Magic as it activates the power of Kundalini and has a raw, earthy energy. Ruby is reputed to sing a baby from the womb and bring on labor at the right time. Changes of colour in the gem are said to mirror changes in the health of its owner and there are many legends of the colour draining from a Ruby at the time its owner dies. The stone carries the energy of both elemental Earth and Fire and is therefore excellent for grounding and transforming energy. As a healing stone Ruby increases energy and improves its circulation through the body, although its energies can sometimes be quite unruly. Increases your ability to draw energy from the Earth when you need it. Used in meditation Ruby can help you communicate with Dragons and learn some of the wisdom of these fabulous beasts.</p>
Rutilated Quartz	<p>Also known as 'Venus Hair Stone', Rutilated Quartz is clear, transparent Quartz with fine filaments of titanium oxide suspended within it. This had long been considered a natural 'Goddess' stone that can help strengthen your understanding of the feminine nature and powers. Used in spells for good luck and fortune, healing and protection. Helps to increase your awareness of the Earth and the flow of its energy system, and is reputed to cause all sorts of 'coincidences' if you are searching for ley lines and sacred sites.</p>

<p><b>Sapphire</b></p>	<p>A beautiful stone found in all shades from pale lilac to deepest midnight blue. The name 'Sapphire' comes from the Greek 'Sappheiros' which in turn is from the Sanskrit 'Sanipriya' and literally means 'beloved of the planet Saturn'. Sapphire is used in magic to increase energy, especially fertility and the power to create. It is a wonderful stone for lovers and is reputed to bring a peaceful atmosphere to the house it is kept in. Sapphire is an excellent peacemaker that is said to calm anger, allow people to talk freely about their differences and understand each other's point of view ~ it is even said that this stone can appease the anger of God. Traditionally Sapphire is believed to cure sleepwalking and gazing into the stone is said to preserve your eyesight. Spiritually the stone is used to encourage deep thought and contemplation and increase powers of telepathy, clairvoyance and astral projection. In meditation it brings intuitive insights into your magic, inspires 'chaste and pure thoughts' and helps you to focus on your spiritual goals. Keep a Sapphire in your magical area when working or meditating to bring out your spiritual Fire. The stone is particularly useful for focusing and directing power. Keep a gem in a charm bag or in your hand when you practice any form of divination to increase your ability to see clearly into the future. Different types and colours of Sapphire have different properties. Yellow Sapphire bestows eloquence, Black Sapphire brings visions and knowledge, White Sapphire boosts confidence and brings support for your projects and a Star Sapphire, cut to reflect light like a shining star, is said to protect its wearer from all harm. The rarest and most powerful form of Sapphire is the flame coloured Padparadschah, the 'Lotus Flower' Sapphire.</p>
<p><b>Sardonyx</b></p>	<p>Sardonyx is a form of chalcedony which is banded with pattern sin ochre and white. Increases confidence and self-belief. A very useful stone for anyone who is held back from being the person they want to be by a fear of what others will think or say. Use in Fire magic, especially pyromancy, where the stone will increase your intuition and help you find meanings in the flames.</p>
<p><b>Scapolite</b></p>	<p>Scapolite ranges in colour from pink, violet, yellow or grey to colourless. The gem form of this mineral was first found in 1913 and it is very rare, but when cut and polished it makes very beautiful 'cat's eye' and faceted stones. Although it is a modern discovery some legend and lore has already built up around this gem. It increases knowledge and is helpful to anyone who is learning, especially when reading books and papers. Hold the stone in your hand as you are reading (if you are lucky enough to be able to get it!) and it will help you absorb knowledge and remember the information you have been studying.</p>
<p><b>Selenite</b></p>	<p>Selenite is a beautiful member of the gypsum family which forms in clear, wand shaped crystals that sometimes have water inclusions. Selenite is a lunar stone. It is very useful for anyone who comes into contact with illusions, lies and trickery as it helps you to see through deception and hear the truth of what people are actually saying to you, despite their words. The stone teaches us to take responsibility for our actions and for what we create in the world around us.</p>
<p><b>Seraphinite</b></p>	<p>Seraphinite is a powerful healing stone which is becoming increasingly popular. It is a form of the green mineral Chlorite, which often appears as inclusions in Quartz and other stones. Sometimes this mineral grows into a massive gem form which is commonly known as Seraphinite. It is an excellent healing stone which boosts the energy of both the healer and the patient. Some people even say that it causes regeneration and miraculous healings. What</p>

	<p>is certain is that the stone helps us to work holistically on our illnesses, not just healing the physical body but also strengthening our astral and energetic bodies, dissolving blockages that prevent us from being fully healthy and drawing out emotional problems and old traumas that may be causing us distress.</p>
<p><b>Serpentine</b></p>	<p>This yellow green stone, also known as Snakestone, is commonly mistaken for Jade. Not surprisingly it is reputed to protect its bearer from snake bite. It can also be used in any Serpentine magic, for example to contact or communicate with Dragons, Serpents and the ancient Snake Goddess. Meditation with the stone can help increase your intuitive knowledge of Earth energies and learning to trust the 'hunches' you get when carrying this stone will help you discover sacred areas in the landscape.</p>
<p><b>Smithsonite</b></p>	<p>This is known as a tranquillizing stone which can help relieve stress, aid restful sleep and protect against exhaustion. Sleep with a piece under your pillow if you are in need of a good night's rest. Meditation with the stone eases the fear of relationships with other people and can help you discover what might be blocking the free flow of love in your life. Helps to merge the emotional and astral bodies to bring perspective and balance to your magical experiences.</p>
<p><b>Smokey Quartz</b></p>	<p>Also known as Cairngorm and Marion, Smokey Quartz is transparent Quartz with a gentle, smokey tint caused by natural radiation that it is exposed to in the Earth. Clears the mind and banishes confusion. Allows access to the astral realms and encourages communication with their inhabitants. The stone is strongly linked to the Earth and can be used in exercises for grounding, connecting with the Earth element or drawing energy from the Earth for healing and vitality. Meditation with the stone can remove the illusion that physical life and spiritual life are separate and help you understand that your physical pleasures enhance your learning and spiritual growth. Smokey Quartz makes a very special scrying stone.</p>
<p><b>Soapstone</b></p>	<p>Properly known as Steatite, Soapstone is the softest gem mineral. It is a massive form of talc that contains impurities which increase its hardness and it has a greasy, almost soapy feel. Because of its softness it has been very popular for carvings for many centuries. Magically the stone is grounding and balancing, helping you to keep your feet firmly on the ground even when your head is in the clouds. It is good for the home because it creates a calm atmosphere and draws away negative energy. It has the added benefit of being widely used for carvings and reasonably cheap.</p>
<p><b>Sodalite</b></p>	<p>The specks of Calcite that cover this deep blue stone make it look very like the foam flecked sea and therefore it is used in Water magic, especially to gain the aid of Sea deities. A stone of courage and protection. Sodalite lessens fear, banishes insomnia and protects from nightmare. Very calming for the emotionally oversensitive or anyone who is feeling nervous or highly strung? Helps you to look at situations intellectually as well as emotionally and find practical solutions to your problems. Awakens the 3rd Eye and is helpful when trying to develop your second sight or psychic powers. Stimulates creativity, visualization skills and imagination. Sodalite brings strength and protection on journeys, especially over the often dangerous element of Water. It can also be used to protect you and increase your courage and determination when undertaking spiritual or magical journeys.</p>

Spectrolite	Spectrolite is a black and grey marbled stone with beautiful rainbow flashes. It is from the same family as Labradorite, but is found in Finland. A shaman stone that reveals hidden paths. A very useful stone if you are seeking spirit helpers, especially animal spirits. Encourages self-reliance, independence and magical revelations
Spinel	For centuries most gem Spinel were thought to be Ruby or Sapphire, which was a reasonable assumption considering that corundum and Spinel are found in the same deposits and have the same properties. The distinction between Ruby and Spinel was not made until 1783. Use this stone magically to bring out your strength of character in trying circumstances and to help you endure even when all seems lost. Encourages optimism and helps you find the inner strength to keep going one day at a time. Red Spinel was considered to be a cure for hemorrhages and inflammatory diseases as well as soothing heated emotions and calming anger and conflict. Powdered Spinel taken as a potion is said to eliminate darkness and depression, replacing them with optimism and joy. Perhaps it would be better to use the gem elixir for this purpose.
Sunstone	Sunstone is a variety of oligoclase with copper coloured flashes that as its name suggests invokes the energy of the Sun. Used magically to encourage the skills necessary to be a wise leader such as strength, confidence, vision, focus and determination. Meditation with the stone can reveal where in life you can use your talents and gifts for the welfare of others. Spiritually Sunstone helps us to overcome selfishness and ego and appreciate just how special every human life is.
Sugilite	Also known as Luvalite or Royal Azel, Sugilite forms in opaque crystals that range from pale lavender to purple black. Used in magic to open the higher chakras to gain visions and understanding. It is said that when used by the innocent or pure of purpose Sugilite has the power to change the world. Working with the stone can lead you to hidden knowledge, often through a remarkable series of 'coincidences'. Helps stimulate dreams and is very useful for anyone seeking answers or guidance in their dreams. Use for Temple Sleep and lucid dreaming or just hold the stone and let your mind wander. Gives you the strength to follow your dreams and make them happen in the real world.

Tanzanite	A magnificent, intense blue variety of Zoisite which was only discovered in Tanzania in 1967. Its incredible colour has made it very popular as a faceted gem. Once again, although this is a brand new stone there are already lots of theories about its magical uses. The stone brings balance to all aspects of your magical life. It is linked to the Moon and in meditation can help you learn about her cycles, and your own. Encourages clairvoyance, psychic skills and far sight.
Tektite	Often confused with meteorite, a Tektite is a piece of fused glass found at the site of a lightning or meteorite strike. Once called Thunderstone, Tektites were believed to have fallen

	<p>from the sky bringing with them fertility and blessings from the Gods above. Symbolic of the transforming power of elemental Fire, tektites can be used in magic to summon your own spiritual Fire in order to change your life. Increases will and personal power and gives you the courage and confidence to make difficult decisions that will improve your life.</p>
Tiger Eye	<p>Tiger Eye is formed when the fibers in Crocidolite are replaced with silica, giving the stone its characteristic satin sheen. A very protective stone, Tiger Eye can ward off the effects of curses and ill-wishing and also protect you in dream states and on the astral planes. Carrying the stone allegedly makes you irresistible to the opposite sex. Sometimes called the Stone of Balance, Tiger Eye blends opposite energies to bring balance and understanding. An excellent stone for anyone caught up in a situation where they have to be the diplomat or mediator. Helps you see both sides of an argument and make detached, logical judgments. Meditation with the stone can help you find the path of power that lies between polarities. Strengthens your connection to elemental Earth and is helpful for grounding higher energies so that you can cope with the practicalities of everyday life. Red Tiger Eye increases confidence, especially when speaking in public. Gold Tiger Eye focuses the mind, increasing visualization skills, psychic vision and insights during meditation. If you are forced to spend time with a person who drains your energy protect yourself with a charm bag containing Holy Thistle, Spearmint, Walnut leaves and a piece of Tiger Eye.</p>
Tiger Iron	<p>Also known as Tiger Ore this stone is banded with yellow, red and black. Relieves emotional pain and helps you to overcome fear. Helps to draw people together in group working and reinforce their sense of companionship and shared purpose as they strive together for the same goal. Encourages individuality in a way that benefits society and helps people to pull together, each making the best use of their strengths. A very useful stone for groups whose members have to work at a distance as it retains a sense of unity while helping each individual work in their own way.</p>
Titanite	<p>Also known as Sphene, Titanite is a transparent gem coloured yellow, brown or green. Brings knowledge of times past and how that ancient wisdom can be applied in our modern world. Meditation with the stone can begin to encourage memories of your past lives.</p>
Topaz	<p>Golden Topaz is also called Imperial Topaz and is the stone of nobility, honour and benevolence. Used magically to increase courage, lift sorrow and bring riches and personal fulfilment. Topaz concentrates the mystical powers of the Sun to bring wisdom, wealth, power and energy. Set in a ring it confers power over animals and the stone can be used in meditation to learn new insights about totem animals or you're familiar. Worn on the left hand the stone traditionally calms anger and banishes melancholy, brightens the wits and brings courage. Bound to the left arm it dispels enchantments, heals the mind, prevents sleepwalking and apparently cures hemorrhoids! The stone has a dazzling golden energy that can be used in magic to lift your spirits, strengthen your Will enhance your creativity. Working with Topaz can help you learn to see the intentions and motives of the people around you and, perhaps more importantly, of yourself.</p> <p><u>Blue Topaz</u> is a transparent, light blue stone that holds the power of the Moon and elemental Water. It naturally complements the energy of Golden Topaz and when the two stones are brought together they can create very powerful magic. Blue Topaz calms passions, balances the emotions and encourages clairvoyance and psychic skills. Keep the two types of Topaz together in a charm bag or hold one in each hand while meditating to discover the power and</p>

	<p>effectiveness balance can bring to your life. A spell to change your fortunes instructs that you light a single white candle and hold a Topaz in your hands, gazing at it. Visualize it glowing with light and say “<i>Natura Deficit, Fortuna Mutatur, Deus Omnia Cernit</i>”. Carry this Topaz with you in a white pouch and if you need to open the doors of opportunity repeat the invocation while holding your charmed stone.</p>
<p><b>Tourmaline</b></p>	<p>Tourmaline is pyroelectric, which means when it is warmed it generates static electricity that draws hair and ashes to it. Tourmaline is a powerful magical stone that comes in many different shades and colours In general Tourmaline helps you to draw wealth and power to your life and find treasure. This can be physical or spiritual wealth and power, and the treasures may be talents or abilities you did not know you had. The stone is used in magic to control spirits, attract goodwill, protect against bad luck and to draw things to you such as occult wisdom, power, energy and plenty.</p> <p><u>Pink Tourmaline (Rubellite)</u> dispels fear and negativity, eases the pain of grief, calms the nerves and increases eloquence and concentration.</p> <p><u>Green Tourmaline (Verdelite)</u> raises spiritual vibrations, increases your charisma, brings understanding of the workings of the Universe and can aid peaceful sleep and healing dreams.</p> <p><u>Black Tourmaline (Schorl)</u> deflects negativity and protects you from psychic attack. This stone is renowned for its ability to absorb and neutralize distorted or malevolent energy and because of this it is a very useful stone to keep in your magic room – just be sure to cleanse it regularly. It is a vortex that draws in and purifies any energy it comes into contact with.</p> <p><u>Blue Tourmaline (Indicolite)</u> is a healing stone, especially useful for the lungs, asthma and respiratory illnesses and nervous problems. It can help you to overcome resentment and insecurity and also helps to heal emotional problems that have been caused by parents and close family.</p> <p><u>Watermelon Tourmaline</u> are crystals with a pink core and a green ‘rind’. It is also a healing stone which opens the heart and helps you overcome insecurity so that you can give and receive love. It is reputed to be able to impart a sense of humor to those who need one most.</p> <p><u>Colourless Tourmaline (Achroite)</u> is believed by many to combine all the qualities of the coloured varieties, making it a powerful healing stone and transformer of energy. This stone is very effective at amplifying psychic energy and neutralizing negative energy.</p>
<p><b>Turritella Agate</b></p>	<p>Turritella Agate is a brown form of Agate that is thickly studded with tiny, fossilized sea shells. It is reputed to bring precious gifts to you unexpectedly and cause wealthy and powerful people to look on you favorably.</p>
<p><b>Turquoise</b></p>	<p>The name of this stone has come to mean the shades of colour between blue and green but originally it simply meant ‘the stone from Turkey’ because all examples of Turquoise were traded through the city of Istanbul. Prized in Ancient Egypt the stone was used or jewelry and decoration and also ground to make a special blue eye paint. Turquoise protects against magical and mental attacks and is said to be the guardian of babies and young children. It can also be used in conjunction with divination or scrying to give you insights as to the motives or identity of the person who has attacked you. Lessens the effects of curses and psychic attacks and can be used as a gem elixir to bring comfort to anyone suffering from mental shock. The stone is also known as a peace maker and is believed to reconcile warring enemies, even a quarrelling husband and wife. Turquoise has long been associated with travel. Carry a piece to keep you safe and sure footed on your journeys. Turquoise combines</p>

	<p>the powers of all the elements and is renowned as a stone of vision. The stone is the vivid blue of the sky and gives its bearer the vision associated with creatures of the air such as Hawk and Eagle. Helps you to find unity and wholeness within yourself, balancing the different aspects of your character to achieve stability.</p>
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<p><b>Unakite</b></p>	<p>The pretty patterning in Unakite is formed from its mixture of mossy green pistacite and pink feldspar. The green and red tones have made this stone sacred to Mars and Venus, representing their passion and also the creative energy and magical power that is generated when two opposites are brought together in a balanced way. The stone can be used in any spells linked to strong emotions such as lust, courage or daring and also to increase marital harmony, strengthen partnerships and increase understanding between people.</p>
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<p><b>Variscite</b></p>	<p>A beautiful green or turquoise coloured stone, usually covered with pale to dark brown lines. Variscite contains the energy of the Earth in a very pure and powerful form. The brown, branching tracks running across the smooth green surface look very like the channels of Earth energy that stream through every landscape and because of this the stone is often used for Earth magic. Carry a piece with you when searching for sacred places in the landscape or ley lines. Variscite beads can be used to make a pendulum that is excellent for dowsing Earth energy on maps. Meditation with the stone can help you to discover new insights about the landscape and sacred sites around you and also how you can play your part in cherishing and protecting these places.</p>
<p><b>Vivianite</b></p>	<p>Also known as Odontolite, Vivianite is not a stone. It is actually fossilized dinosaur bone that has been naturally stained by minerals in the earth, taking on a turquoise hue that has often led it to be confused with the stone Turquoise. It holds memories of the long ages of the Earth and the weight of history and can be used in magic or meditation to find out where you belong in this vast, epic story. Use in spells to increase patience and endurance or to find the energy to see a difficult task through to the end.</p>

<p><b>Zeolite</b></p>	<p>Zeolites are a family of rare and beautiful volcanic minerals made up of silicon and aluminum, which have complex crystal structures and unique properties. They form in the cracks and cavities of volcanic rocks where heat and pressure compress and transform the minerals present into strange crystalline forms. Zeolites are mainly used in magic to transform energy and are very effective healing stones. They harness the combined power of elemental Earth and Fire, breaking down negativity, harmful emotions and illness and transforming the energy that is released so that it can be used for positive purposes. Zeolites are good crystals to work with if you face difficult decisions or doubt your ability to keep going in the face of adversity. Just keeping a Zeolite near you during these times can help -- whisper your troubles to the crystal before sleeping and it can transform despair into hope and show solutions to your problems in your dreams.</p>
<p><b>Zincite</b></p>	<p>Zincite is the gem form of zinc, in the same way that Pyrite or Hematite are gem forms of iron. It is a relatively modern discovery. It occurs naturally as tiny crystals but the most beautiful specimens are the result of modern industry; excellent crystals were discovered growing in the chimneys of zinc smelting plants. Increases vitality, personal power and creativity. A good stone for magic to help lift you out of the doldrums or to help when life becomes stagnant and boring – but be careful because its energy is not subtle! Symbolizes blood, especially the blood of the Earth Goddess. For magical work it would make a good sacrifice and is a perfectly moral and ethical alternative if blood is called for in an old spell. Stimulates creativity and the desire to create, especially to make things with your hands. Also helpful if you find yourself spending too much time thinking and not enough doing as the stone helps to focus your higher thoughts and imaginings so that you can use them to create something practical or beautiful in the real world.</p>
<p><b>Zircon</b></p>	<p>Zircon is usually brown to green in colour but heating it is an oxygen free environment produces a beautiful, dazzling blue colour. The stone is known as a spiritual stimulant and can help the magic user in many ways. Use it to help you focus on your path, to live life the way you want, to strive for knowledge and to better yourself. A healing stone for emotional problems which also brings protection. This means that you can use the stone to cleanse yourself of old traumas, doubts and sadness without the fear that by releasing your emotions you will be overwhelmed. It is renowned as an amulet for travelers which will protect its bearer from injury and disease and ensure a warm welcome, comfortable bed and good food wherever you travel. It is recorded that a person carrying Zircon can never be hit by lightning, but I have not tested this personally and I would not advise anyone else to either!</p>
<p><b>Zirconium</b></p>	<p>Zirconium is an artificial stone. Some believe that because it is not natural it cannot be used in magic but it seems that like all crystal structures the stone can hold energy and can be 'charged' with your intent, though this varies from person to person and the colour that is worked with. Lavender Zirconium, also called Lavender Ice, can be used to bring humor and a little healthy childishness to those who are too serious for their own good or to awaken an adventurous streak in even the most down to earth. Pink Zirconium is said to be best worn by the young and the young at heart. White Zirconium is by far the best fake diamond created so far and anyone can use this sparkling stone as a focus of power.</p>

