



There are 7 *principles of Magic* that cross all *Planes of Existence* that were laid out in The Kybalion. The Kybalion, purportedly based upon ancient Hermeticism, was first published in 1908. The Kybalion itself claims to have influenced all major religions and philosophies, both ancient and modern. Whether or not you believe it was the origin of many beliefs, it can act as a key to understanding how magic works.

"The Principles of Truth are Seven; he who knows these, understandingly, possesses the Magic Key before whose touch all the Doors of the Temple fly open."--The Kybalion.

The Seven Hermetic Principles, upon which the entire Hermetic Philosophy is based, are:

1. The Principle of Mentalism.
2. The Principle of Correspondence.
3. The Principle of Vibration.
4. The Principle of Polarity.
5. The Principle of Rhythm.
6. The Principle of Cause and Effect.
7. The Principle of Gender.

There are many concepts of Planes of Existence. To simplify this:

- I. The Great Physical Plane.
- II. The Great Mental Plane.
- III. The Great Spiritual Plane.

The Universe is the source of all creation. Or, maybe you prefer Source Energy, Goddess, God, Spirit, etc.

Everything that was made by the Universe exists within all Planes of Existence. It is all made up of tiny particles and energy. It's possible for the energy and particles to change at any time.

If you've read anything about witchcraft, Wicca, or the occult, you've likely encountered these in some way.



1. Mentalism

"The All is Mind; the Universe is Mental." —The Kybalion

Creation has 2 parts- first a mental creation, then a physical creation. Your thoughts shape your reality or physical plane. The mental plane is the world of thought. Our body is what we use to create physical things as it exists on the physical plane. For anything to be, a thought must precede it.

2. Correspondence

"As above, so below; as below, so above." —The Kybalion

The rules of the Universe are the same on all Planes of Existence. It comes from the same source and is governed by the same Laws. There is correspondence, harmony, and agreement between all Planes of Existence. Things that correspond vibrate at the same frequency and that vibration manifests on all planes.

3. Vibration

"Everything is in motion; everything vibrates; nothing is at rest."

Theory of Everything (started as String Theory and then evolved into Membrane Theory) suggests that everything is connected by strings which are really just energy. Changes in a person's vibration, or energy can cause changes to everything on every plane.

4. Polarity

"Everything is dual; everything has poles; everything has its pair of opposites; like and unlike are the same; opposites are identical in nature but different in degree; extremes meet; all truths are but half-truths; all paradoxes may be reconciled."--The Kybalion.

The principle of polarity explains that seemingly opposite things are actually one and the same at varying degrees. A simple example of this is hot and cold. Cold is just the absence of heat, and they're both one thing: temperature. Physical matter and spiritual energy are the same things, with spiritual energy vibrating at a much higher level, such that it can't be perceived by our senses.

5. Rhythm

"Everything flows out and in; everything has its tides; all things rise and fall; the pendulum swing manifests in everything; the measure of the swing to the right, is the measure of the swing to the left; rhythm



compensates"--The Kybalion.

Between the opposing poles, there exists an inherent rhythm. The tides move in and out as we inhale and exhale. Everything is in motion as nature has seasons, so do we. Understanding this principle allows us to recognize natural rhythms.

6. Cause + Effect

"Every Cause has its Effect; every Effect has its Cause; everything happens according to Law; Chance is but a name for Law not recognized; there are many planes of causation, but nothing escapes the Law."--The Kybalion.

Everything is connected through the principle of cause and effect, for each cause of one thing is merely the effect of something else, going back to the very beginning.

7. Gender

"Gender is in everything; everything has its Masculine and Feminine Principles; Gender manifests on all planes."--The Kybalion.

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The word "Gender" is derived from the Latin root meaning "to beget; to procreate; to generate; to create; to produce." This is a broader meaning than the term "Sex". Sex is merely a manifestation of Gender on the Physical Plane. On an internal level, all of us hold both energies. (Think the left and right brain.) Masculine and feminine energy exists in not only the physical plane but the mental and spiritual plane as well. The unity of these two energies is essential for creation, and when one has a balance of both.

Read the Full Kybalion Text here: <https://www.sacred-texts.com/eso/kyb/index.htm> or order it in print <https://www.amazon.com/Kybalion-Centenary-Three-Initiates/dp/0143131680>