



## **Pathways to the Craft Workshop Series**

### Outline

- Lesson 1: Shifting Your Attitude
- Lesson 2: Taking Inspired Action
- Lesson 3: Finding Alignment & Clarity
- Lesson 4: Discovering Abundance
- Lesson 5: Affirming Your Path



## Homework: Lesson 4 Discovering Abundance

### Day 1:

- **Note the Moon Phase:** You don't have to start on any specific phase—just check the moon phase and, if possible, go outside to observe the moon.
  - **Cue:** Choose a reminder that will prompt you to engage in this action or habit. This could be a specific time of day, a physical object, or an alarm on your phone.
  - **Ritual:** Decide how you will turn this behavior into a ritual. This can be anything that makes the practice feel more meaningful and satisfying. By making the mundane task more magical, you create a reward system that builds a craving for a deeper connection to your craft and practice.
- 

### Daily Practice:

- **Action/Habit:** Record the specific action or habit you're committing to.
  - **Moon Phase:** Each time you perform this action or habit, note the current moon phase.
- 

### Completion:

After 28 days or when the moon returns to the original phase you noted on Day 1, you'll have completed the cycle. Reflect on how this practice has influenced your connection to your craft and any insights or changes you've experienced.